

Colebrook Village at Hebron

September 2023

- AR Activity Room
- SW Spiritual Wellness
- DR Dining Room
- LR Living Room
- BT Bus Trip
- Social Wellness
- PW Physical Wellness
- EM Entertainment or Movie
- IW Intellectual Wellness
- EW Emotional Wellness
- Neighborhood Stroll
- Bus Trip
- Snack and Chat

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		 HAPPY LABOR DAY				
3	4	5	6	7	8	9
<p>7:00 ■ DR Morning Melodies</p> <p>10:00 ■ SW Church Service</p> <p>11:00 ■ AR Let's Draw</p> <p>1:30 ■ AR Name That Tune</p> <p>2:30 ■ PW Balloon Volleyball</p> <p>3:00 ■ SW Happy Hour ☕</p> <p>3:30 ■ AR BINGO</p> <p>6:30 ■ EM Western Movie Night</p>	<p>Labor Day</p> <p>7:00 ■ DR Morning Melodies</p> <p>10:30 ■ IW Daily News & Weather</p> <p>11:00 ■ IW All About Birds- The Woodcock</p> <p>2:15 ■ AR Forest Animal Bingo</p> <p>3:30 ■ SW Happy Hour ☕</p> <p>4:00 ■ AR I Love Lucy</p> <p>6:30 ■ EM Romance Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>10:30 ■ PW Exercise Class with Mike</p> <p>11:00 ■ EW Chair Yoga</p> <p>1:30 ■ IW Painting- Wood Slice Owl</p> <p>2:30 ■ IW Word Search</p> <p>3:00 ■ SW Happy Hour ☕</p> <p>3:30 ■ LR Floor Hockey</p> <p>6:30 ■ EM Comedy Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>10:30 ■ PW Exercise with Mike</p> <p>11:00 ■ IW Armchair Travel - Grand Canyon</p> <p>1:30 ■ PW Dancersize!</p> <p>2:00 ■ IW Photo Booth Fun</p> <p>3:00 ■ SW Happy Hour ☕</p> <p>3:30 ■ AR Roll a Topic</p> <p>6:30 ■ EM Classic Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>10:30 ■ PW Exercise with Mike</p> <p>11:00 ■ AR Let's Get Crafty- Apple Stamping</p> <p>1:30 ■ EW Therapy Dog Visits</p> <p>2:00 ■ IW Afternoon Walk</p> <p>3:00 ■ SW Happy Hour ☕</p> <p>3:30 ■ Hand Massages and Manicures</p> <p>6:30 ■ EM Adventure Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>10:00 ■ PW Morning Stretch</p> <p>10:30 ■ PW Exercise with Mike</p> <p>11:00 ■ AR Celebrity Spotlight- Nelson Mandela</p> <p>1:15 ■ BT Scenic Bus Ride with Herman ☕</p> <p>3:15 ■ SW Happy Hour ☕</p> <p>3:30 ■ PW History of Inventions</p> <p>6:30 ■ EM Mystery Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>11:00 ■ PW Cardio Drumming with Chris</p> <p>11:30 ■ AR Horse Races with Chris</p> <p>1:00 ■ DR Healthy Snack Prep</p> <p>1:00 ■ LR Movie House Theater</p> <p>3:15 ■ SW Happy Hour ☕</p> <p>3:30 ■ AR BINGO</p> <p>6:30 ■ EM Musical Movie Night</p>
10	11	12	13	14	15	16
<p>7:00 ■ DR Morning Melodies</p> <p>10:00 ■ SW Church Service</p> <p>11:00 ■ AR Let's Draw</p> <p>1:30 ■ AR Name That Tune</p> <p>2:30 ■ PW Balloon Volleyball</p> <p>3:00 ■ SW Happy Hour ☕</p> <p>3:30 ■ AR BINGO</p> <p>6:30 ■ EM Western Movie Night</p>	<p>Happy Birthday Maija!</p> <p>7:00 ■ DR Morning Melodies</p> <p>10:30 ■ IW Daily News & Weather</p> <p>11:00 ■ IW All About Birds- Pheasant</p> <p>2:15 ■ AR Forest Animal Bingo</p> <p>3:30 ■ SW Happy Hour ☕</p> <p>4:00 ■ AR I Love Lucy</p> <p>6:30 ■ EM Romance Movie Night</p>	<p>Happy Birthday Gloria!</p> <p>7:00 ■ DR Morning Melodies</p> <p>10:30 ■ PW Exercise Class with Mike</p> <p>11:00 ■ EW Chair Yoga</p> <p>1:30 ■ IW Painting-Mason Jar Scarecrow</p> <p>2:30 ■ IW Hangman</p> <p>3:00 ■ SW Happy Hour ☕</p> <p>3:30 ■ LR Ping Pong Pandemonium</p> <p>6:30 ■ EM Comedy Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>10:30 ■ PW Exercise with Mike</p> <p>11:00 ■ IW Armchair Travel -Las Vegas</p> <p>1:30 ■ PW Dancersize!</p> <p>2:00 ■ IW Dream Catchers</p> <p>3:00 ■ SW Happy Hour ☕</p> <p>3:30 ■ AR Scented Match Game</p> <p>6:30 ■ EM Classic Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>10:30 ■ PW Exercise with Mike</p> <p>11:00 ■ AR Lighthouse Crossword</p> <p>1:30 ■ EW Therapy Dog Visits</p> <p>2:00 ■ IW Afternoon Walk</p> <p>3:00 ■ SW Happy Hour ☕</p> <p>3:30 ■ Hand Massages and Manicures</p> <p>6:30 ■ EM Adventure Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>10:00 ■ PW Morning Stretch</p> <p>10:30 ■ PW Exercise with Mike</p> <p>11:00 ■ AR Celebrity Spotlight- Benjamin Franklin</p> <p>1:15 ■ BT Scenic Bus Ride with Herman ☕</p> <p>3:15 ■ SW Happy Hour ☕</p> <p>3:30 ■ PW Parachute on the Patio</p> <p>6:30 ■ EM Mystery Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>11:00 ■ PW Cardio Drumming with Chris</p> <p>11:30 ■ AR Horse Races with Chris</p> <p>1:00 ■ DR Healthy Snack Prep</p> <p>1:00 ■ LR Movie House Theater</p> <p>3:15 ■ SW Happy Hour ☕</p> <p>3:30 ■ AR BINGO</p> <p>6:30 ■ EM Musical Movie Night</p>
17	18	19	20	21	22	23
<p>7:00 ■ DR Morning Melodies</p> <p>10:00 ■ SW Church Service</p> <p>11:00 ■ AR Let's Draw</p> <p>1:30 ■ AR Name That Tune</p> <p>2:30 ■ PW Balloon Volleyball</p> <p>3:00 ■ SW Happy Hour ☕</p> <p>3:30 ■ AR BINGO</p> <p>6:30 ■ EM Western Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>10:30 ■ IW Daily News & Weather</p> <p>11:00 ■ IW All About Birds- Tufted Titmouse</p> <p>2:15 ■ AR Forest Animal Bingo</p> <p>3:30 ■ SW Happy Hour ☕</p> <p>4:00 ■ AR I Love Lucy</p> <p>6:30 ■ EM Romance Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>10:30 ■ PW Exercise Class with Mike</p> <p>11:00 ■ EW Chair Yoga</p> <p>1:30 ■ IW Puzzle Piece Cavas Art</p> <p>2:30 ■ IW Catch Phrase</p> <p>3:00 ■ SW Happy Hour ☕</p> <p>3:30 ■ LR Target Golf</p> <p>6:30 ■ EM Comedy Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>10:30 ■ PW Exercise with Mike</p> <p>11:00 ■ IW Armchair Travel -Washington D.C.</p> <p>1:30 ■ PW Dancersize!</p> <p>2:00 ■ IW Sand Art in Bottles</p> <p>3:00 ■ SW Happy Hour ☕</p> <p>3:30 ■ AR Lacing Cards</p> <p>6:30 ■ EM Classic Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>10:30 ■ PW Exercise with Mike</p> <p>11:00 ■ AR Let's Get Crafty- Fleece Pillows</p> <p>1:30 ■ EW Therapy Dog Visits</p> <p>2:00 ■ IW Afternoon Walk</p> <p>3:00 ■ SW Happy Hour ☕</p> <p>3:30 ■ Hand Massages and Manicures</p> <p>6:30 ■ EM Adventure Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>10:00 ■ PW Morning Stretch</p> <p>10:30 ■ PW Exercise with Mike</p> <p>11:00 ■ AR Celebrity Spotlight-Jane Goodall</p> <p>1:15 ■ BT Scenic Bus Ride with Herman ☕</p> <p>3:15 ■ SW Happy Hour ☕</p> <p>3:30 ■ PW Bowling Game</p> <p>6:30 ■ EM Mystery Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>11:00 ■ PW Cardio Drumming with Chris</p> <p>11:30 ■ AR Horse Races with Chris</p> <p>1:00 ■ DR Healthy Snack Prep</p> <p>1:00 ■ LR Movie House Theater</p> <p>3:15 ■ SW Happy Hour ☕</p> <p>3:30 ■ AR BINGO</p> <p>6:30 ■ EM Musical Movie Night</p>
24	25	26	27	28	29	30
<p>Happy Birthday Peter!!</p> <p>7:00 ■ DR Morning Melodies</p> <p>10:00 ■ SW Church Service</p> <p>11:00 ■ AR Let's Draw</p> <p>1:30 ■ AR Name That Tune</p> <p>2:30 ■ PW Balloon Volleyball</p> <p>3:00 ■ SW Happy Hour ☕</p> <p>3:30 ■ AR BINGO</p> <p>6:30 ■ EM Western Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>10:30 ■ IW Daily News & Weather</p> <p>11:00 ■ IW All About Birds- Pigeon</p> <p>2:15 ■ AR Forest Animal Bingo</p> <p>3:30 ■ SW Happy Hour ☕</p> <p>4:00 ■ AR I Love Lucy</p> <p>6:30 ■ EM Romance Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>10:30 ■ PW Exercise Class with Mike</p> <p>11:00 ■ EW Chair Yoga</p> <p>1:30 ■ IW Cupcake Decorating</p> <p>2:30 ■ IW Hangman</p> <p>3:00 ■ SW Happy Hour ☕</p> <p>3:30 ■ LR Kerplunk</p> <p>6:30 ■ EM Comedy Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>10:30 ■ PW Exercise with Mike</p> <p>11:00 ■ IW Armchair Travel -Yosemite National Park</p> <p>1:30 ■ PW Dancersize!</p> <p>2:00 ■ IW Q-tip Autumn Tree</p> <p>3:00 ■ SW Happy Hour ☕</p> <p>3:30 ■ AR Lego Build</p> <p>6:30 ■ EM Classic Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>10:30 ■ PW Exercise with Mike</p> <p>11:00 ■ AR Let's Get Crafty- Sharpie Mug Craft</p> <p>1:30 ■ EW Therapy Dog Visits</p> <p>2:00 ■ IW Afternoon Walk</p> <p>3:00 ■ SW Happy Hour ☕</p> <p>3:30 ■ Hand Massages and Manicures</p> <p>6:30 ■ EM Adventure Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>10:00 ■ PW Morning Stretch</p> <p>10:30 ■ PW Exercise with Mike</p> <p>11:00 ■ AR Celebrity Spotlight- Andy Warhol</p> <p>1:15 ■ BT Scenic Bus Ride with Herman ☕</p> <p>3:15 ■ SW Happy Hour ☕</p> <p>3:30 ■ PW Ring Toss</p> <p>6:30 ■ EM Mystery Movie Night</p>	<p>7:00 ■ DR Morning Melodies</p> <p>11:00 ■ PW Cardio Drumming with Chris</p> <p>11:30 ■ AR Horse Races with Chris</p> <p>1:00 ■ DR Healthy Snack Prep</p> <p>1:00 ■ LR Movie House Theater</p> <p>3:15 ■ SW Happy Hour ☕</p> <p>3:30 ■ AR BINGO</p> <p>6:30 ■ EM Musical Movie Night</p>