

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025

Traditional

<p>9:00am Indoor Walking Club 10:00am Exercise w/Traci 11:00am Catholic Rosary & Prayer w/ Maureen (C) 1:00pm Coffee & Tunes 2:00pm Residents Lead Games 3:00pm Word Puzzles 6:00pm Resident Pick Movie Night (T)</p>							1						
<p>9:30am Morning Stretching w/ Alicia 10:00am Catholic Mass on TV (T) 10:00am Dice Game (GREED) 11:00am Standing Exercise w/ Alicia 1:00pm Bowling 2:00pm Prize Bingo (P) 3:00pm Card Games (P) 6:00pm Comedy Night Movie (T)</p>	2	<p>9:00am Shopping Trip 9:00am Group Exercise class w/ Tara 9:30am Advance HIIT Class (FC) 10:00am Pull the String Game 10:30am Jump & Jive Ball Game 1:00pm Crafty Crafters 2:00pm Shut the Box (Dice Game) 3:00pm Cedarbrook Hold'em (P) 6:00 Romance Movie Night (T)</p>	3	<p>9:00am Group Exercise Class w/ Tara 10:00am Group Exercise Class w/ Tara 10:30am Baking Club 1:00pm Mardi Gras Documentary (The order of Myths (T)) 2:00pm Michael Ouellette (p) 3:00pm Float Contest (P) 6:00pm Movie Matinee (T)</p> <p style="text-align: center;">Mardi Gras</p>	4	<p>9:00am Group Exercise class w/ Alicia 9:30am Advance HIIT Class (FC) 10:00am Left Right Center 1:00pm Knotty Knitters Meet 1:00pm Manicures 2:30pm Who Wants To Be A Millionaire Game 6:00pm Documentary Night (T)</p>	5	<p>9:00am Group Exercise Class w/ Alicia 10:00am Group Exercise Class w/ Alicia 10:00am Catholic Mass Service (C) 11:00am Experimental Science w/Alicia 1:00pm Resident Consul Meeting 2:00pm Sing a long w/ Sandy (P) 3:00pm Happy Hour (P) 6:00pm Theatrical Thursday (T)</p>	6	<p>9:30am Advance HIIT Class (FC) 10:00am Exercise with Ron 10:30am Make Homemade Cereal Bars 1:00pm Cereal Birdfeeder Craft 2:00pm Quarter Bingo 3:00pm Brain Game & Trivia 6:00pm Action Movie Night</p>	7	<p>9:00am Indoor Walking Club 10:00 Exercise w/ Traci 11:00am Catholic Rosary & Prayer w/ Maureen (C) 1:00pm Coffee & Tunes 2:00pm Special Screening Documentary Taking Care 3:00pm Residents Lead Games 6:00pm Resident Pick Movie Night (T)</p>	8
<p>9:30am Morning Stretch w/Alicia 10:00am Catholic Mass on TV (T) 10:00am Nerf Poker 11:00am Standing Exercise w/ Alicia 1:00pm Dice Game Knockout 2:00pm Prize Bingo (P) 3:00pm Card Games (P) 6:00pm Comedy Night Movie (T)</p> <p style="text-align: center;">Daylight Saving Time Begins</p>	9	<p>9:00am Shopping Trip 9:00am Group Exercise class w/ Tara 9:30am Advance HIIT Class (FC) 10:00am Little Ducking Visit & Story 1:00pm Crafty Crafters 2:00pm Rosary with Lynda (C) 3:00pm Cedarbrook Hold'em (P) 6:00pm Romance Movie Night (T)</p>	10	<p>9:00am Group Exercise Class w/ Tara 10:00am Group Exercise Class w/ Tara 10:30am Baking Club 1:00pm The Great Courses (T) 2:00pm Peter & Lisa Musically Married (P) 3:15pm Quarter Bingo (P) 6:00pm Movie Matinee (T)</p>	11	<p>9:00am Group Exercise class w/ Tara 9:30am Advance HIIT Class (FC) 10:00am Jeopardy (T) 1:00pm Manicures 1:00pm VNA BP Clinic (P) 1:00pm Book Club (L) 2:30pm Shu. eboard 6:00pm Documentary Night (T)</p>	12	<p>9:00am Group Exercise Class w/ Tara 10:00am Group Exercise Class w/ Tara 10:30am Experimental Science w/Alicia 1:00pm Name - It Ball 2:00pm Quarter Bingo (P) 3:00pm Happy Hour (P) 6:00pm Theatrical Thursday (T)</p>	13	<p>9:30am Advance HIIT Class (FC) 10:00am Exercise with Ron 10:30am Card Game Spoon 1:00pm Tabletop Curling 2:30pm Chair Chi w/ Tara (C) 3:00pm Pass the Pig 6:00pm Action Movie Night (T)</p>	14	<p>9:00am Indoor Walking Club 10:00am Exercise w/Traci 11:00am Catholic Rosary & Prayer w/ Maureen (C) 1:00pm Coffee & Tunes 2:00pm Caden on the Piano 3:00pm Word Puzzles 6:00pm Resident Pick Movie Night (T)</p>	15
<p>9:30am Morning Stretch w/ Alicia 10:00am Catholic Mass on TV (T) 10:00am Prize Bingo (P) 11:00am Standing Exercise w/ Alicia 1:00pm Shamrock Shakes (P) 2:00pm MaLarkey Irish Music and Song Performance (P) 6:00pm Comedy Night Movie (T)</p> <p style="text-align: center;">St. Patrick's Day</p>	16	<p>9:00am Shopping Trip 9:00am Group Exercise class w/ Tara 9:30am Advance HIIT Class (FC) 10:00am Crafty Crafters 1:00 -2:30pm Luck of the Irish Party (P) 3:00pm St. Patrick: Apostle of Ireland (T) 3:00pm Cedarbrook Hold'em (P) 6:00pm Movie Matinee: Michael Collins (T)</p>	17	<p>9:00am Group Exercise Class w/ Tara 10:00am Group Exercise Class w/ Tara 10:30am Baking Club 1:00 The Great Courses (T) 2:00pm Quater Bingo (P) 3:00pm Root beer Floats & Roulette (P) 6:00pm Movie Matinee (T)</p>	18	<p>9:00 Group Exercise class w/ Tara 9:30 Advance HIIT Class (FC) 10:30 Chef Demo 11:30 Outing: Tokyo Fusion 1:00pm Manicures 1:00pm Knotty Knitters Meet 2:30pm Hungry Hippos 6:00pm Documentary Night (T)</p>	19	<p>9:00am Group Exercise Class w/ Tara 10:00am Group Exercise Class w/ Tara 10:30am Experimental Science w/Alicia 1:00pm Kerplunk 2:00pm Quarter Bingo (P) 3:00pm Happy Hour (P) 6:00pm Theatrical Thursday (T)</p> <p style="text-align: center;">Spring Begins</p>	20	<p>9:30am Advance HIIT Class (FC) 10:00am Exercise with Ron 10:30am Off to the Races 1:00pm Art Song w/ Amy (P) 2:30pm Balance Basics w/ Tara 3:00pm Tabletop Bowling 6:00pm Action Movie Night (T)</p>	21	<p>9:00am Indoor Walking Club 10:00am Exercise w/ Traci 11:00am Catholic Rosary & Prayer w/ Maureen (C) 1:00pm Coffee & Tunes 2:00pm Residents Lead Game 3:00pm Word Puzzles 6:00pm Resident Pick Movie Night (T)</p>	22
<p>9:30am Morning Stretch w/Alicia 10:00am Catholic Mass on TV (T) 10:00am Baseball Target Throws 11:00am Standing Exercise w/ Alicia 1:00 Protestant Worship Service with Pastor Katie (C) 2:00pm Prize Bingo 3:00pm Race Car Racing 6:00pm Comedy Night Movie (T)</p>	23	<p>9:00am Shopping Trip 9:00am Group Exercise class w/ Tara 9:30am Advance HIIT Class (FC) 10:00am Crafty Crafters 1:00pm Italian Soda Bar Social (P) 2:00pm Arrow Direction Game (P) 3:00pm Cedarbrook Hold'em (P) 6:00pm Romance Movie Night (T)</p>	24	<p>9:00am Group Exercise Class w/ Tara 10:00am Group Exercise Class w/ Tara 10:30am Baking Club 1:00pm The Great Courses (T) 2:00pm Entertainment w/ Donna Lee & Jo-Anne (P) 3:15pm Quater Bingo (P) 6:00pm Movie Matinee (T)</p>	25	<p>9:00am Group Exercise class w/ Tara 9:30am Advance HIIT Class (FC) 10:00am Outing: Second Chance Animal Shelter Donation Drop off & Visit 1:00pm Manicures 1:00pm Bible Study (C) 2:00pm Spa Day: Create hand scrubs, paraffin Dip Treatment, Face mask & More 6:00pm Documentary Night (T)</p>	26	<p>9:00am Group Exercise Class w/ Tara 10:00am Group Exercise Class w/ Tara 10:30am Quarter Bingo (P) 1:00 Experimental Science w/Alicia 2:00 Richard Hughes Presents Silent Movie (P) 3:00pm Happy Hour (P) Birthday Social Celebration 6:00pm Theatrical Thursday (T)</p>	27	<p>9:30am Advance HIIT Class (FC) 10:00am Exercise with Ron 10:30am Ping Pong 1:00pm Strike Dice Game 2:30pm Chair Chi w/ Tara (C) 3:00pm Karaoke w/ Sabrina (P) 6:00pm Action Movie Night (T)</p>	28	<p>9:00am Indoor Walking Club 10:00am Exercise w/ Traci 11:00am Catholic Rosary & Prayer w/ Maureen (C) 1:00pm Coffee & Tunes 2:00pm Residents Lead Games 3:00pm Word Puzzles 6:00pm Resident Pick Movie Nigh (T)</p>	29
<p>9:30am Morning Stretch w/ Alicia 10:00am Catholic Mass on TV (T) 10:00am Prize Bingo (P) 11:00am Standing Exercise w/Alicia 2:00 Spirit & Grace Christian Performance (P) 3:00pm Card Games (P) 6:00pm Comedy Night Movie (T)</p>	30	<p>9:00am Shopping Trip 9:00am Group Exercise class w/ Tara 9:30am Advance HIIT Class (FC) 10:00am Crafty Crafters 1:00pm New Game Monday 2:00pm Skee Ball 3:00pm Cedarbrook Hold'em (P) 6:00pm Romance Movie Night (T)</p>	31	<p>Calendar is Subjected to Change. Always check the daily's posted by all elevators.</p> <p>Activities to take place in The Lucy Stone Activity Room Unless otherwise noted.</p> <p style="text-align: center;">Activity Location Directory:</p> <p style="text-align: center;">Lucy Stone Activity Room-LS, Fitness Center - FC, Courtyard-CY, Pub-P, Theatre-T, Chapel-C, Library-L</p>									