

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>MARCH 2024</h1> <h2>Traditional Activity Calendar</h2>						10:00AM Exercise w/ Ron (LS) 1 10:30-11:30AM Manicures/Nail 2 1:00PM Resident Council & Food Committee Meeting 2:00PM Pitch (ML) 3:00PM Craft Corner - (LS) 6:00PM Friday Night Funnies
Pub Reserved 11:30 to 2:30 3 10:00AM Catholic Mass on TV 10:30AM Cranium Crunches (LS) 2:00PM Rummy (ML) 3:00PM Mexican Dominoes (P) 6:00PM New Movie Sunday	9:00AM Walmart Shopping Trip 4 9:00AM Exercise w/ Tara 10:00AM Coffee Cake Social 10:00AM Rosary Video (T) 1:00PM Chair Yoga w/ Lisa Z 2:00PM Quarter LCR (P) 3:00pm Cedarbrook Hold Em' (P) 6:00PM Monday Night Musical (T)	9:00AM Exercise w/Tara (LS) 5 10:00AM Exercise w/Tara (LS) 10:30AM Jeopardy Power Hour (T) 1:00PM Crosswords with John 2:00PM Quarter BINGO (P) 3:00PM John's Sing-A-Long (P) 6:00PM Resident Lead Games (P)	9:00AM HIIT Standing Exercise w/Tara 6 10:00 Coffee and Chronical 11:00AM Cardio Drumming (LS) 1:00PM Knotty Knitters Knitting Club 2:00PM Exercise w/ Tara (LS) 3:00PM Coffee and Cookie Creations 6:00PM Wildcard Wednesday	9:00AM Exercise w/ Tara 7 10:00AM Exercise w/ Tara 10:00AM Catholic Mass w/ FR. Peter of Saint Mary's Parish 1:00PM Chair Dancing (LS) 2:00PM Quarter Bingo (P) 3:00PM Happy Hour (P) 6:00PM Resident-Led Game Night	8:30AM Breakfast Outing to The North Hadley Sugar Shack 8 10:00AM Exercise w/ Ron (LS) 10:30-11:30AM Manicures/Nail 1:00PM Coffee and Chronicle 2:00PM Pitch (ML) 3:00PM St. Patrick's Ornament Craft 6:00PM Friday Night Funnies	10:00AM - Exercise w/ Sephanie 9 11:00 Catholic Rosary & Prayer with Maureen of Divine Mercy Ministry 1:00PM Coloring Pages 2:00PM Prize Bingo 2:00PM Cribbage (ML) 3:30PM Joyfulness with John 6:00PM Saturday Classic Movie (T)
10:00AM Catholic Mass on TV 10 10:30AM Cranium Crunches (LS) 2:00PM Rummy (ML) 3:00PM Mexican Dominoes (P) 6:00PM New Movie Sunday Ramadan Begins Daylight Saving Time Begins	9:00AM Big Y Shopping Trip 11 9:00AM Exercise w/ Tara 10:00AM Coffee Cake Social 10:00AM Rosary Video (T) 1:00PM Win, Lose or Draw w/ John 2:00PM Memory Lane Performs (P) 3:00pm Cedarbrook Hold Em' (P) 6:00PM Monday Night Musical	9:00AM Exercise w/Tara (LS) 12 10:00AM Exercise w/Tara (LS) 10:30AM Jeopardy Power Hour (T) 1:00PM Crosswords with John 2:00PM Quarter BINGO (P) 3:00PM John's Sing-A-Long (P) 6:00PM Resident Lead Games (P)	9:00AM HIIT Standing Exercise w/Tara 13 10:00 St. Patrick's Word Games 11:00AM Cardio Drumming (LS) 1:00PM Blood Pressure Clinic 1:00PM Knotty Knitters Knitting Club 2:00PM Exercise w/ Tara (LS) 3:00PM Men's Brews & Billiards Club	9:00AM Exercise w/ Tara 14 10:00AM Exercise w/ Tara 11:00AM Therapy Dog Freddy 1:00PM Chair Dancing (LS) 2:00PM Quarter Bingo (P) 3:00PM Happy Hour (P) 6:00PM Resident-Led Game Night	10:00AM Exercise w/ Ron (LS) 15 10:30-11:30AM Manicures/Nail 1:00PM Thift Store Shopping 2:00PM Nutritious Nibbles - Peanut Butter Chocolate Chip No-Bake Energy Bites! 2:00PM Pitch (ML) 3:00PM St. Paddy's Coloring Pages 6:00PM Friday Night Funnies	Leprechauns on the Loose 16 10:00AM - Exercise w/ Sephanie 11:00 Catholic Rosary & Prayer with Maureen of Divine Mercy Ministry 1:00PM Celtic Knot Headband Craft 2:00PM Caden on Piano 2:00PM Cribbage (ML) 3:00PM Irish Soda Bread Social 6:00PM Saturday Classic Movie (T)
10:00AM Catholic Mass on TV 17 10:30AM Cranium Crunches (LS) 1:00PM Protestant Worship Service with Pastor Katie (C) 2:00PM Billiards 2:00PM Rummy (ML) 6:00PM New Movie Sunday St. Patrick's Day	9:00AM Walmart Shopping Trip 18 9:00AM Exercise w/ Tara 10:00AM Coffee Cake Social 10:00AM Rosary Video (T) 1:00PM Chair Yoga w/ Lisa Z 2:00PM Irish Music Bingo with Bob (P) 3:00pm Cedarbrook Hold Em' (P) 6:00PM Monday Night Musical (T)	9:00AM Exercise w/Tara (LS) 19 10:00AM Exercise w/Tara (LS) 10:30AM Jeopardy Power Hour (T) 1:00PM Crosswords with John 2:00PM Quarter BINGO (P) 3:00PM John's Sing-A-Long (P) 6:00PM Resident Lead Games (P) Spring Begins	9:00AM HIIT Standing Exercise w/Tara 20 10:00AM Chef Demo 11:00AM Cardio Drumming (LS) 1:00PM Knotty Knitters Knitting Club 2:00PM Laura & Peter Hicks Perform 3:00PM Woman and Wine Club 6:00PM Wildcard Wednesday	9:00AM Exercise w/ Tara 21 10:00AM Exercise w/ Tara 10:30AM Snake Oil Game 2:00PM Sean Fuller's Musical St. Patrick Show(P) 3:00PM St. Paddy's Happy Hour (P) 6:00PM Resident-Led Game Night	10:00AM Exercise w/ Ron (LS) 22 10:30-11:30AM Manicures/Nail 1:00PM Coffee and Chronical 11:30AM Lunch Outing to Bellies Barnyard 2:00PM Pitch (ML) 3:00PM Giant Easter Egg Craft - (LS) 6:00PM Friday Night Funnies	10:00AM - Exercise w/ Sephanie 23 11:00 Catholic Rosary & Prayer with Maureen of Divine Mercy Ministry 1:00PM Coloring Pages 2:00PM Prize Bingo 2:00PM Cribbage (ML) 3:30PM Joyfulness with John 6:00PM Saturday Classic Movie (T) Purim Begins
10:00AM Catholic Mass on TV 24 10:30AM Cranium Crunches 2:00PM Rummy (ML) 2:00PM Billiards 3:00PM Mexican Dominoes (P) 6:00PM New Movie Sunday Palm Sunday	9:00AM Big Y Shopping Trip 25 9:00AM Exercise w/ Tara 10:00AM Coffee Cake Social 10:00AM Rosary Video (T) 1:00PM Win, Lose or Draw w/ John 2:00PM Quarter LCR (P) 3:00pm Cedarbrook Hold Em' (P) 6:00PM Monday Night Musical (T)	9:00AM Exercise w/Tara (LS) 26 10:00AM Exercise w/Tara (LS) 10:30AM Jeopardy Power Hour (T) 1:00PM Crosswords with John 2:00PM Quarter BINGO (P) 3:00PM John's Sing-A-Long (P) 6:00PM Resident Lead Games (P)	9:00AM HIIT Standing Exercise w/Tara 27 10:00AM Easter Word Games 11:00AM Cardio Drumming (LS) 1:00PM Knotty Knitters Knitting Club 2:00PM Exercise w/ Tara (LS) 3:00PM Coffee and Cookie Creations 6:00PM Wildcard Wednesday	9:00AM Exercise w/ Tara 28 10:00AM Exercise w/ Tara 11:00AM Therapy Dog Freddy 1:00PM Chair Dancing (LS) 2:00PM Quarter Bingo (P) 3:00PM Happy Birthday Happy Hour (P) 6:00PM Resident-Led Game Night	Easter Party Today 1:00 -4:30 29 10:00AM Exercise w/ Ron (LS) 10:30-11:30AM Manicures/Nail 1:00PM to 4:30PM Easter Fun! Easter Egg Hunt, Rice Crispy Treats Easter Crafts, Egg Toss & Meet the Easter Bunny! 6:00PM Friday Night Funnies	10:00AM - Exercise w/ Sephanie 30 11:00 Catholic Rosary & Prayer with Maureen of Divine Mercy Ministry 1:00PM Coloring Pages 2:00PM Prize Bingo 2:00PM Cribbage (ML) 3:30PM Joyfulness with John 6:00PM Saturday Classic Movie (T)
10:00AM Catholic Mass on TV 31 10:30AM Cranium Crunches 2:00PM Rummy (ML) 2:00PM Billiards 3:00PM Mexican Dominoes (P) 6:00PM New Movie Sunday Easter Sunday	 <p>Activities outings highlighted in RED on calendar. Please sign up at the concierge desk.</p> <p>Activities to take place in The Lucy Stone Activity Room Unless otherwise noted.</p> <p>*****Please see the Daily for the most Up To Date Information*****</p> <p>Activity Location Directory: Lucy Stone Activity Room-LS, Mrs. Lincoln's Activity Room-ML, Windsor Dining-WD, Swift Dining-SD, Courtyard-CY, Pub-P, Theatre-T, Chapel-C, Library-L</p>					