

Colebrook Village
at Hebron

May 2025

- AR

Activity Room
- SW

Spiritual Wellness
- DR

Dining Room
- LR

Living Room
- BT

Bus Trip

SW

Social Wellness

PW

Physical Wellness

EM

Entertainment or Movie

IW

Intellectual WellnessNeighborhood Stroll

Bus Trip

Music

Snack and Chat

Creative Arts

Physical Wellness

Game Time

Baking/Cooking

Movie

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Lemonade Day! 4 7:00 DR Morning Melodies ♪ 9:30 LR Let's Get Stretching ⇄ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles 🍵 10:30 PW Chair Aerobics ⇄ 11:00 AR Artistic Circle 🎨 1:30 IW Cardio Drumming ⇄ 2:15 PW Cornhole ⇄ 3:00 SW Mocktail Hour 🍹 3:30 AR BINGO 🎲 5:30 EM Cinema Showcase 🎬	Cinco De Mayo! 5 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 LR Monday Madness w/ Mike ⇄ 11:00 LR Celebrity Spotlight: Carlos Santana 1:30 PW Cardio Drumming ⇄ 2:15 AR Fiesta Noise Makers-Craft 🎨 3:00 SW Mocktail Hour 🍹 3:30 AR BINGO 🎲 5:30 EM Cinema Showcase 🎬	National Nurses Day! 6 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 PW Low Intensity Aerobics ⇄ 11:00 LR All About Nurses! 11:30 LR Walk Down Memory Lane 1:15 LR Balloon Toss ⇄ 2:00 EM Concert- Bruce John ♪ 3:00 SW Mocktail Hour 🍹 3:30 SW Cornhole 🎲 5:30 EM Cinema Showcase 🎬	National Tourism Day! 7 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 SW Chair Yoga 10:00 LR News, Weather and Chat 10:30 PW Cardio Slide ⇄ 11:00 DR Culinary Creations ♥ 1:30 PW Seated Cardio w/ Music ⇄ 2:15 PW Wild Card w/ Mike ⇄ 2:45 EM "Tour the Taste" 🍷 5:30 EM Cinema Showcase 🎬	Have a Coca-Cola Day! 8 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 PW Zumba Class ⇄ 11:00 SW Catholic Service w/ Father Mike- Chapel 1:30 PW Volleyball w/ Mike ⇄ 2:00 Afternoon Stroll ⇄ 3:15 SW Mocktail Hour 🍹 3:30 LR Memory Jogger! 5:30 EM Cinema Showcase 🎬	National Truffle Day! 2 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 PW Low Intensity Aerobics ⇄ 11:00 AR BINGO 🎲 1:15 BT Ride Around Town 🚌 3:00 SW Mocktail Hour 🍹 3:30 PW BINGO 🎲 5:30 EM Cinema Showcase 🎬	National Montana Day! 3 7:00 DR Morning Melodies ♪ 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 PW Chair Tai Chi ⇄ 11:00 LR Armchair Travel- Yellowstone 11:30 AR Balloon Toss 🎈 1:45 EM Movie Matinee 🎬 3:00 SW Mocktail Hour 🍹 3:30 AR BINGO 🎲 5:30 EM Cinema Showcase 🎬
Happy Mother's Day! 11 7:00 DR Morning Melodies ♪ 9:30 LR Let's Get Stretching ⇄ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles 🍵 10:30 PW Chair Aerobics ⇄ 11:00 AR Artistic Circle 🎨 1:30 IW Cardio Drumming ⇄ 2:15 PW Balloon Toss ⇄ 3:00 SW Mocktail Hour 🍹 3:30 AR BINGO 🎲 5:30 EM Cinema Showcase 🎬	National Limerick Day! 12 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 LR Monday Madness w/ Mike ⇄ 11:00 LR Celebrity Spotlight: Edward Lear 1:30 PW Cardio Drumming ⇄ 2:15 IW Balloon Toss 🎈 3:00 SW Mocktail Hour 🍹 3:30 AR BINGO 🎲 5:30 EM Cinema Showcase 🎬	National Fruit Cocktail Day! 13 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 PW Low Intensity Aerobics ⇄ 11:00 LR Word Game 🎲 1:30 Walking Club -- Inside or Outside ⇄ 3:00 SW Mocktail Hour 🍹 3:30 SW Cornhole 🎲 5:30 EM Cinema Showcase 🎬	National Buttermilk Biscuit Day! 14 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 SW Chair Yoga 10:00 LR News, Weather and Chat 10:30 PW Cardio Slide ⇄ 11:00 DR Culinary Creations ♥ 1:30 PW Seated Cardio w/ Music ⇄ 2:15 PW Wild Card w/ Mike ⇄ 2:45 EM Balloon Toss ♪ 3:00 EM Middle School Jazz-tavern 3:45 SW Mocktail Hour 🍹 5:30 EM Cinema Showcase 🎬	Bring Flowers to Someone Day! 15 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 PW Zumba Class ⇄ 1:30 PW Stack the cup w/ Mike ⇄ 2:00 AR Crafting Corner 🎨 3:15 SW Mocktail Hour 🍹 3:30 LR Words With Friends 5:30 EM Cinema Showcase 🎬	Endangered Species Day! 16 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 PW Low Intensity Aerobics ⇄ 11:00 AR BINGO 🎲 1:15 BT Ride Around Town 🚌 3:00 SW Mocktail Hour 🍹 3:30 PW BINGO 🎲 5:30 EM Cinema Showcase 🎬	National Idaho Day! 17 7:00 DR Morning Melodies ♪ 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 PW Chair Tai Chi ⇄ 11:00 LR Armchair Travel- Botanical Garden 11:30 AR Balloon Toss 🎈 1:45 EM Movie Matinee 🎬 3:00 SW Mocktail Hour 🍹 3:30 AR BINGO 🎲 5:30 EM Cinema Showcase 🎬
International Museum Day! 18 7:00 DR Morning Melodies ♪ 9:30 LR Let's Get Stretching ⇄ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles 🍵 10:30 PW Chair Aerobics ⇄ 11:00 AR Artistic Circle 🎨 1:30 IW Cardio Drumming ⇄ 2:15 PW Cornhole ⇄ 3:00 SW Mocktail Hour 🍹 3:30 AR BINGO 🎲 5:30 EM Cinema Showcase 🎬	National May Ray Day! 19 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 LR Monday Madness w/ Mike ⇄ 11:00 LR Celebrity Spotlight: Twiggy 1:30 PW Cardio Drumming ⇄ 2:15 IW Balloon Toss 🎈 3:00 SW Mocktail Hour 🍹 3:30 AR BINGO 🎲 5:30 EM Cinema Showcase 🎬	National Be a Millionaire Day! 20 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 PW Low Intensity Aerobics ⇄ 11:00 LR "What did it cost?" 🎲 1:30 IW Crafting Corner 🎨 3:00 SW Mocktail Hour 🍹 3:30 SW Cornhole 🎲 5:30 EM Cinema Showcase 🎬	Strawberries & Cream Day! 21 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 SW Chair Yoga 10:00 LR News, Weather and Chat 10:30 PW Cardio Slide ⇄ 11:00 DR Culinary Creations ♥ 1:30 PW Seated Cardio w/ Music ⇄ 2:15 PW Wild Card w/ Mike ⇄ 2:45 EM Living Room Karaoke ♪ 3:00 SW Mocktail Hour 🍹 5:30 EM Cinema Showcase 🎬	Happy Birthday Bev! 22 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 PW Zumba Class ⇄ 1:30 PW Fun Games w/ Mike ⇄ 2:00 EM Jason Castonguay Concert ♪ 3:15 SW Mocktail Hour 🍹 3:30 LR Words With Friends 5:30 EM Cinema Showcase 🎬	National Road Trip Day! 23 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 PW Low Intensity Aerobics ⇄ 11:00 AR Words With Friends 🎲 1:15 BT Ride Around Town 🚌 3:00 SW Mocktail Hour 🍹 3:30 PW BINGO 🎲 5:30 EM Cinema Showcase 🎬	Happy Birthday Kae! 24 7:00 DR Morning Melodies ♪ 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 PW Chair Tai Chi ⇄ 11:00 LR ArmChair Travel-Hot Springs National Park 11:30 AR Balloon Toss 🎈 1:45 EM Movie Matinee 🎬 3:00 SW Mocktail Hour 🍹 3:30 AR BINGO 🎲 5:30 EM Cinema Showcase 🎬
National Tap Dance Day! 25 7:00 DR Morning Melodies ♪ 9:30 LR Let's Get Stretching ⇄ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles 🍵 10:30 PW Chair Aerobics ⇄ 11:00 AR Artistic Circle 🎨 1:30 IW Cardio Drumming ⇄ 2:15 PW Balloon Toss ⇄ 3:00 SW Mocktail Hour 🍹 3:30 AR BINGO 🎲 5:30 EM Cinema Showcase 🎬	Memorial Day 26 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 LR Monday Madness w/ Mike ⇄ 11:00 LR Celebrity Spotlight: George Patton 1:30 PW Cardio Drumming ⇄ 2:15 IW Balloon Toss 🎈 3:00 SW Mocktail Hour 🍹 3:30 AR BINGO 🎲 5:30 EM Cinema Showcase 🎬	National Grape Day! 27 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 PW Low Intensity Aerobics ⇄ 11:00 LR Word Game 🎲 1:00 AR Crafting Corner 🎨 2:00 EM Mansfield Senior Chorus-Summer ♪ 3:00 SW Mocktail Hour 🍹 3:30 SW Cornhole 🎲 5:30 EM Cinema Showcase 🎬	Senior Health & Fitness Day! 28 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 SW Chair Yoga 10:00 LR News, Weather and Chat 10:30 PW Cardio Slide ⇄ 11:00 DR Culinary Creations ♥ 1:30 PW Seated Cardio w/ Music ⇄ 2:15 PW Wild Card w/ Mike ⇄ 2:45 EM Living Room Karaoke ♪ 3:00 SW Mocktail Hour 🍹 5:30 EM Cinema Showcase 🎬	National Paperclip Day! 29 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 PW Zumba Class ⇄ 11:00 SW Church Father Ron in the Welles 1:30 PW Cup Pong w/ Mike ⇄ 2:00 Afternoon Stroll ⇄ 3:15 SW Mocktail Hour 🍹 3:30 IW Science Lab 5:30 EM Cinema Showcase 🎬	National Water a Flower Day! 30 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club 🍳 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 PW Low Intensity Aerobics ⇄ 11:00 AR BINGO 🎲 1:15 BT Ride Around Town 🚌 3:00 SW Mocktail Hour 🍹 3:30 PW BINGO 🎲 5:30 EM Cinema Showcase 🎬	National Utah Day! 31 7:00 DR Morning Melodies ♪ 9:30 LR Let's Get Stretching ⇄ 10:00 LR News, Weather and Chat 10:30 PW Chair Tai Chi ⇄ 11:00 LR Armchair Travel-Butterfly Biosphere 11:30 AR Balloon Toss 🎈 1:45 EM Movie Matinee 🎬 3:00 SW Mocktail Hour 🍹 3:30 AR BINGO 🎲 5:30 EM Cinema Showcase 🎬