

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday



January 2025

Crossroads

<p>10:00 Catholic Mass on TV 10:30 Cranium Crunches 1:00 Crossroads Bingo 2:30 Sunday Coffee Social 3:00 Group Rummy 5:00-6:00 1:1 Visits 6:00 New Movie Sunday</p> <p>5</p>	<p>9:00 Exercise with Tara or 10:30 exercise with Joanne 11:00 Shake lose a Memory 1:00 Movie Matinee in the Theater 3:00 Floor Games 5:00-6:00 1:1 Visits 6:00 Relax and visit</p> <p>6</p>	<p>10:00 Exercise with Tara or 10:30 exercise with Joanne 10:30 Balloon Tennis 1:00 Crossroads Bingo 2:30 Poems of Faith 3:00 Sing A long with Sandy 5:00-6:00 1:1 Visits 6:00 Sit and Sort, Pair & Match</p> <p>7</p>	<p>10:30 Exercise with Allison 11:00 Whiteboard Games 1:00 Sing A long 2:00 2 Cent Game 3:00 Target Practice 5:00-6:00 1:1 Visits 6:00 Travel or Nature Documentary</p> <p>New Year's Day</p> <p>8</p>	<p>10:00 Catholic Mass Service 10:00 Exercise with Tara or 10:30 Exercise with Allison 11:00 Morning Coffee/Tea Social 11:00 Pet Therapy with Freddy 1:00 Crossroads Bingo 1:00 Resident Council 2:00 Afternoon sit & stretch 3:00 Yahtzee 5:00-6:00 1:1 Visits 6:00 TV Land</p> <p>9</p>	<p>10:00 Exercise with Ron 10:30 Exercise with Allison 11:00 Pennies In 1:00 Movie Matinee 1:00 Art Song with Amy 3:00 Resident Choice Game! 5:00-6:00 1:1 Visits 6:00 Puzzles and Tabletops</p> <p>10</p>	<p>10:30 Exercise with Allison 10:30 Beach Ball Volley 1:00 Crossroads Bingo 2:00 Conversation Cards 2:00 Caden on the Piano 3:00 Spa Day & Manicures 5:00-6:00 1:1 Visits 6:00 Movie Night</p> <p>11</p>
<p>10:00 Catholic Mass on TV 10:30 Cranium Crunches 1:00 Crossroads Bingo 2:30 Sunday Coffee Social 3:00 Group Rummy 5:00-6:00 1:1 Visits 6:00 New Movie Sunday</p> <p>12</p>	<p>9:00 Exercise with Tara or 10:30 exercise with Joanne 11:00 Penny Ante 1:00 Movie Matinee in the Theater 2:00 Rosary with Lynda 3:00 Floor Games 5:00-6:00 1:1 Visits 6:00 Relax and visit</p> <p>13</p>	<p>10:00 Exercise with Tara or 10:30 exercise with Joanne 10:30 Balloon Tennis 1:00 Crossroads Bingo or Chair Yoga with Lisa 2:30 Poems of Faith 3:00 Trivia Challenge 3:30 Left, Right & Center 5:00-6:00 1:1 Visits 6:00 Sit and Sort, Pair & Match</p> <p>14</p>	<p>10:30 Exercise with Allison 11:00 Whiteboard Games 1:00 Sing A long 2:00 Reminisce 3:00 Target Practice 5:00-6:00 1:1 Visits 6:00 Travel or Nature Documentary</p> <p>15</p>	<p>10:00 Exercise with Tara or 10:30 Exercise with Allison 11:00 Morning Coffee/Tea Social 11:00 Pet Therapy w/Freddy 1:00 Crossroads Bingo 2:00 Afternoon sit & stretch 3:00 Yahtzee 5:00-6:00 1:1 Visits 6:00 TV Land</p> <p>16</p>	<p>10:00 Exercise with Ron 10:30 Exercise with Allison 11:00 Pennies In 1:00 Movie Matinee 3:00 Resident Choice Game! 5:00-6:00 1:1 Visits 6:00 Puzzles and Tabletops</p> <p>17</p>	<p>10:30 Exercise with Allison 10:30 Beach Ball Volley 1:00 Crossroads Bingo 2:00 Conversation Cards 3:00 Spa Day & Manicures 5:00-6:00 1:1 Visits 6:00 Movie Night</p> <p>18</p>
<p>10:00 Catholic Mass on TV 10:30 Cranium Crunches 1:00 Crossroads Bingo 2:30 Sunday Coffee Social 3:00 Group Rummy 5:00-6:00 1:1 Visits 6:00 New Movie Sunday</p> <p>Activity Professionals Week</p> <p>19</p>	<p>9:00 Exercise with Tara or 10:30 exercise with Joanne 11:00 Shake lose a Memory 1:00 Movie Matinee in the Theater 3:00 Floor Games 5:00-6:00 1:1 Visits 6:00 Relax and visit</p> <p>Martin Luther King Jr. Day</p> <p>20</p>	<p>10:00 Exercise with Tara or 10:30 exercise with Joanne 10:30 Balloon Tennis 1:00 Crossroads Bingo 2:00 Peter and Laura Perform 3:00 Trivia Challenge 3:30 Left, Right & Center 5:00-6:00 1:1 Visits 6:00 Sit and Sort, Pair & Match</p> <p>21</p>	<p>10:30 Exercise with Allison 11:00 Whiteboard Games 1:00 Sing A long 2:00 2 Cent Game 3:00 Target Practice 5:00-6:00 1:1 Visits 6:00 Travel or Nature Documentary</p> <p>22</p>	<p>10:00 Exercise with Tara or 10:30 Exercise with Allison 11:00 Morning Coffee/Tea Social 1:00 Crossroads Bingo 2:00 Afternoon sit & stretch 3:00 Yahtzee 5:00-6:00 1:1 Visits 6:00 TV Land</p> <p>23</p>	<p>10:00 Exercise with Ron 10:30 Exercise with Allison 11:00 Pennies In 1:00 Movie Matinee 3:00 Resident Choice Game! 5:00-6:00 1:1 Visits 6:00 Puzzles and Tabletops</p> <p>24</p>	<p>10:30 Exercise with Allison 10:30 Beach Ball Volley 1:00 Crossroads Bingo 2:00 Conversation Cards 3:00 Spa Day & Manicures 5:00-6:00 1:1 Visits 6:00 Movie Night</p> <p>25</p>
<p>10:00 Catholic Mass on TV 10:30 Cranium Crunches 1:00 Crossroads Bingo 2:30 Sunday Coffee Social 3:00 Group Rummy 5:00-6:00 1:1 Visits 6:00 New Movie Sunday</p> <p>Australia Day (Observed)</p> <p>26</p>	<p>9:00 Exercise with Tara or 10:30 exercise with Joanne 11:00 Penny Ante 1:00 Movie Matinee in the Theater 3:00 Floor Games 5:00-6:00 1:1 Visits 6:00 Relax and visit</p> <p>27</p>	<p>10:00 Exercise with Tara or 10:30 exercise with Joanne 10:30 Balloon Tennis 1:00 Crossroads Bingo or Yoga with Lisa 2:30 Poems of Faith 3:00 Trivia Challenge 3:30 Left, Right & Center 5:00-6:00 1:1 Visits 6:00 Sit and Sort, Pair & Match</p> <p>28</p>	<p>10:30 Exercise with Allison 11:00 Whiteboard Games 1:00 Sing A long 2:00 Reminisce 3:00 Target Practice 5:00-6:00 1:1 Visits 6:00 Travel or Nature Documentary</p> <p>Chinese New Year (Year of the Snake)</p> <p>29</p>	<p>10:00 Exercise with Tara or 10:30 Exercise with Allison 11:00 Morning Coffee/Tea Social 11:00 Pet Therapy w/Freddy 1:00 Crossroads Bingo 1:30 Ben & Ed Perform & Monthly Birthday Party 3:00 Yahtzee 5:00-6:00 1:1 Visits 6:00 TV Land</p> <p>30</p>	<p>10:00 Exercise with Ron 10:30 Exercise with Allison 11:00 Pennies In 1:00 Movie Matinee 3:00 Resident Choice Game! 5:00-6:00 1:1 Visits 6:00 Puzzles and Tabletops</p> <p>31</p>	<p>Jumping Into January Fitness Challenge!!</p>  <p>31 Days of Exercise! See "Fitness Calendar" or go to the gym daily at 2pm!</p>

Activities Subject to Change