

# Colebrook ~ Village at Hebron

55 John E Horton Blvd. • Hebron, CT 06248 • (860) 801-1114

June 2025

## A Day for Dads

Father's Day is celebrated on the third Sunday in June. It is a time to honor fathers, celebrate fatherhood and appreciate the influence of fathers in society. Let all the fathers in your life know how special they are on this day just for them.



It's Kentucky Derby Time!!! The crowds really turned up and enjoyed the fastest two minutes in sports! A fun time was had by all! A special thanks to Jessica and her family for hosting the evening and to Fran for some of the decor to make it even more special! We had a great time preparing for the Derby...see some of those pictures on the inside pages!



We had a fantastic trip to Lenny & Joe's for lunch then spent some time on the beach at Hammonasset! Margaret couldn't resist dipping her toes in the water! She is brave!



We loved Celebrating our Ladies, can't wait to celebrate our Colebrook Guys! Hope to see you wearing your visors when you walk or sit outside this summer!



Colebrook Village  
at Hebron

June 2025

- SW

Spiritual Wellness
- PW

Physical Wellness
- IA

Intellectual Wellness
- SW

Social Wellness
- MN

Entertainment or Movie

EW

Emotional Wellness

IA

Independent Activity

| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday   | Friday  | Saturday  |
|--|---|--|--|--|---|---|
| <div>1</div> <div>9:15 <span>SW</span> Transportation to Local Churches</div> <div>10:00 <span>SW</span> Televised Catholic Mass</div> <div>10:30 <span>SW</span> Second Cup Sunday!</div> <div>11:00 <span>IA</span> Wii Bowling!</div> <div>1:00 <span>MN</span> Sunday at the Opera</div> <div>1:30 <span>PW</span> Cardio Drumming!</div> <div>2:15 <span>IA</span> Balloon Volleyball!</div> <div>3:00 <span>IA</span> UNO!</div> <div>4:00 <span>IA</span> Res-Led Rummikub, Cards, Games!</div> <div>6:30 <span>MN</span> Movie Night!</div>                                  | <div>2</div> <div>9:30 <span>IA</span> Team Sudoku!</div> <div>10:00 <span>PW</span> Senior Stability Class!</div> <div>10:00 <span>IA</span> Shopping Out Trip to Eastbrook Mall Area</div> <div>10:30 <span>IA</span> Wii Jeopardy</div> <div>11:00 <span>IA</span> Armchair Travel</div> <div>12:30 <span>EW</span> Nail Care! by Appt!</div> <div>1:00 <span>MN</span> Matinee Showing of Musical Monday!</div> <div>1:30 <span>PW</span> Cardio Drumming!</div> <div>2:00 <span>SW</span> Bible Study</div> <div>3:00 <span>SW</span> The Price is Right!</div> <div>4:00 <span>SW</span> Social Time</div> <div>6:30 <span>MN</span> Movie Night!</div> | <div>3</div> <div>9:00 <span>PW</span> Blood Pressure Clinic!</div> <div>10:00 <span>PW</span> Pool Noodle Workout!</div> <div>10:30 <span>IA</span> Wordle!</div> <div>1:00 <span>PW</span> Wii Bowling!</div> <div>1:15 <span>PW</span> Cardio Slide!</div> <div>2:00 <span>IA</span> Bridge</div> <div>3:00 <span>PW</span> Corn Hole!</div> <div>3:00 <span>IA</span> Great Course Lecture Series</div> <div>4:00 <span>SW</span> Social Time</div> <div>5:45 <span>EW</span> Pet Therapy Training</div> <div>6:30 <span>MN</span> Movie Night!</div>                      | <div>4</div> <div>Dermatology Day!</div> <div>9:30 <span>PW</span> Yoga!</div> <div>10:30 <span>EW</span> Parkinson's Group</div> <div>10:30 <span>PW</span> Senior Stability Class!</div> <div>10:30 <span>IA</span> UNO!</div> <div>10:45 <span>IA</span> Out Trip to Vernon Diner for Lunch!</div> <div>12:45 <span>EW</span> Guided Meditation!</div> <div>1:30 <span>EW</span> Seated Cardio with Music</div> <div>2:30 <span>EW</span> Scenic Drive</div> <div>3:00 <span>SW</span> Pick a Prize Bingo</div> <div>4:00 <span>SW</span> Social Time</div> <div>6:30 <span>MN</span> Movie Night</div> | <div>5</div> <div>10:00 <span>PW</span> Pool Noodle Workout!</div> <div>10:30 <span>SW</span> Coffee, Tea and Chat!</div> <div>1:00 <span>MN</span> The Ben and Ed Show!</div> <div>2:00 <span>IA</span> Bridge</div> <div>2:15 <span>PW</span> Zumba</div> <div>3:00 <span>PW</span> Balloon Volleyball!</div> <div>3:00 <span>IA</span> Great Course Lecture Series</div> <div>3:00 <span>EW</span> Grief Support Group</div> <div>4:00 <span>SW</span> Social Time</div> <div>6:30 <span>MN</span> Sax Recital!</div> | <div>6</div> <div>9:30 <span>SW</span> St. Peter's Episcopal Pre-Recorded Service</div> <div>10:00 <span>IA</span> Resident Shuttle to Ted's &amp; CVS</div> <div>10:00 <span>PW</span> Senior Stability Class!</div> <div>10:30 <span>IA</span> White Board Wheel of Fortune!</div> <div>11:00 <span>SW</span> Rosary</div> <div>1:00 <span>IA</span> Music Appreciation</div> <div>2:00 <span>SW</span> Karaoke Friday!</div> <div>2:00 <span>IA</span> Short Story Crew!</div> <div>2:30 <span>PW</span> Men's Power Half Hour!</div> <div>3:00 <span>IA</span> Out Trip to Hebron Library!</div> <div>3:00 <span>IA</span> Word Within A Word!</div> <div>3:30 <span>IA</span> Country Store</div>  | <div>7</div> <div>9:30 <span>IA</span> Team Sudoku!</div> <div>10:30 <span>IA</span> Great Courses: Lecture Series</div> <div>11:00 <span>PW</span> Tai Chi!</div> <div>1:15 <span>IA</span> Name That Tune Jeopardy!</div> <div>1:45 <span>MN</span> Movie Matinee</div> <div>3:00 <span>SW</span> DOLLAR BINGO</div> <div>4:00 <span>SW</span> Soda Saturday Social!</div> <div>6:30 <span>MN</span> Movie Night!</div>   |
| <div>8</div> <div>9:15 <span>SW</span> Transportation to Local Churches</div> <div>10:00 <span>SW</span> Televised Catholic Mass</div> <div>10:30 <span>SW</span> Second Cup Sunday!</div> <div>11:00 <span>IA</span> Wii Bowling!</div> <div>1:00 <span>MN</span> Sunday at the Opera</div> <div>1:30 <span>PW</span> Cardio Drumming!</div> <div>2:15 <span>IA</span> Balloon Volleyball!</div> <div>3:00 <span>IA</span> UNO!</div> <div>4:00 <span>IA</span> Res-Led Rummikub, Cards, Games!</div> <div>6:30 <span>MN</span> Movie Night!</div>                                  | <div>9</div> <div>9:30 <span>IA</span> Team Sudoku!</div> <div>10:00 <span>PW</span> Senior Stability Class!</div> <div>10:00 <span>IA</span> Shopping Out Trip to Eastbrook Mall Area</div> <div>10:30 <span>IA</span> Wii Jeopardy</div> <div>11:00 <span>IA</span> Armchair Travel</div> <div>1:00 <span>MN</span> Matinee Showing of Musical Monday!</div> <div>1:30 <span>PW</span> Cardio Drumming!</div> <div>1:30 <span>IA</span> Eric The Plant Guy</div> <div>2:00 <span>SW</span> Bible Study</div> <div>4:00 <span>SW</span> Social Time</div> <div>6:30 <span>MN</span> Movie Night!</div>   | <div>10</div> <div>10:00 <span>PW</span> Pool Noodle Workout!</div> <div>10:30 <span>IA</span> Wordle!</div> <div>1:00 <span>PW</span> Wii Bowling!</div> <div>1:15 <span>PW</span> Cardio Slide!</div> <div>2:00 <span>IA</span> Bridge</div> <div>2:00 <span>IA</span> Genealogy with Cathy!</div> <div>3:00 <span>IA</span> Corn Hole</div> <div>3:00 <span>IA</span> Great Course Lecture Series</div> <div>4:00 <span>SW</span> Social Time</div> <div>5:45 <span>EW</span> Pet Therapy Training</div> <div>6:30 <span>MN</span> Movie Night!</div>                       | <div>11</div> <div>9:30 <span>PW</span> Yoga!</div> <div>10:30 <span>PW</span> Senior Stability Class!</div> <div>10:30 <span>IA</span> UNO!</div> <div>10:45 <span>IA</span> Out Trip Roses and Pizza in Elizabeth Park!</div> <div>12:45 <span>EW</span> Guided Meditation!</div> <div>1:30 <span>PW</span> Seated Cardio with Music!</div> <div>2:00 <span>IA</span> Creative Corner</div> <div>3:00 <span>SW</span> Pick a Prize Bingo</div> <div>3:00 <span>EW</span> Scenic Drive</div> <div>4:00 <span>SW</span> Social Time</div> <div>6:30 <span>MN</span> Movie Night</div>                      | <div>12</div> <div>10:00 <span>PW</span> Pool Noodle Workout!</div> <div>11:00 <span>SW</span> Catholic Mass with Fr Mike</div> <div>2:00 <span>IA</span> Bridge</div> <div>2:15 <span>PW</span> Zumba</div> <div>3:00 <span>PW</span> Balloon Volleyball</div> <div>3:00 <span>IA</span> Great Course Lecture Series</div> <div>4:00 <span>SW</span> Social Time</div> <div>6:30 <span>MN</span> Movie Night</div>  | <div>13</div> <div>9:30 <span>SW</span> St. Peter's Episcopal Pre-Recorded Service</div> <div>10:00 <span>IA</span> Resident Shuttle to Ted's &amp; CVS</div> <div>10:00 <span>PW</span> Senior Stability Class!</div> <div>10:30 <span>IA</span> White Board Wheel of Fortune!</div> <div>11:00 <span>SW</span> Rosary</div> <div>11:30 <span>EW</span> Colebrook Tea Party!</div> <div>2:00 <span>IA</span> Music Appreciation</div> <div>2:30 <span>PW</span> Men's Power Half Hour!</div> <div>3:00 <span>IA</span> Out Trip to Hebron Library!</div> <div>3:00 <span>IA</span> Word Within A Word!</div> <div>3:30 <span>IA</span> Country Store</div> <div>4:00 <span>SW</span> Social Time</div> | <div>14</div> <div>9:30 <span>IA</span> Team Sudoku!</div> <div>10:30 <span>IA</span> Great Courses: Lecture Series</div> <div>11:00 <span>PW</span> Tai Chi!</div> <div>1:15 <span>IA</span> Name That Tune Jeopardy!</div> <div>1:45 <span>MN</span> Movie Matinee</div> <div>3:00 <span>SW</span> DOLLAR BINGO</div> <div>4:00 <span>SW</span> Soda Saturday Social!</div> <div>6:30 <span>MN</span> Movie Night!</div>  |
| <div>15</div> <div>Happy Father's Day!</div> <div>9:15 <span>SW</span> Transportation to Local Churches</div> <div>10:00 <span>SW</span> Televised Catholic Mass</div> <div>10:30 <span>SW</span> Doughnuts For Dads!</div> <div>11:00 <span>IA</span> Wii Bowling!</div> <div>1:00 <span>MN</span> Sunday at the Opera</div> <div>1:30 <span>PW</span> Cardio Drumming!</div> <div>2:15 <span>IA</span> Balloon Volleyball!</div> <div>3:00 <span>IA</span> UNO!</div> <div>4:00 <span>IA</span> Res-Led Rummikub, Cards, Games!</div> <div>6:30 <span>MN</span> Movie Night!</div> | <div>16</div> <div>9:30 <span>IA</span> Team Sudoku!</div> <div>10:00 <span>PW</span> Senior Stability Class!</div> <div>10:00 <span>IA</span> Shopping Out Trip to Eastbrook Mall Area</div> <div>10:30 <span>IA</span> Wii Jeopardy</div> <div>11:00 <span>IA</span> Armchair Travel</div> <div>1:00 <span>MN</span> Matinee Showing of Musical Monday!</div> <div>1:30 <span>PW</span> Cardio Drumming!</div> <div>1:30 <span>SW</span> Resident Council</div> <div>2:00 <span>SW</span> Bible Study</div> <div>3:00 <span>SW</span> Off To The Races!</div> <div>4:00 <span>SW</span> Social Time</div> <div>6:30 <span>MN</span> Movie Night!</div>      | <div>17</div> <div>10:00 <span>PW</span> Pool Noodle Workout!</div> <div>10:30 <span>IA</span> Wordle!</div> <div>1:00 <span>PW</span> Wii Bowling!</div> <div>1:15 <span>PW</span> Cardio Slide!</div> <div>2:00 <span>IA</span> Bridge</div> <div>2:00 <span>MN</span> Saxophone Quartet!</div> <div>3:00 <span>PW</span> Corn Hole!</div> <div>3:00 <span>IA</span> Great Course Lecture Series</div> <div>4:00 <span>SW</span> Social Time</div> <div>5:45 <span>EW</span> Pet Therapy Training</div> <div>6:30 <span>MN</span> Movie Night!</div>                         | <div>18</div> <div>9:30 <span>PW</span> Yoga!</div> <div>10:30 <span>IA</span> Morning Scenic Drive</div> <div>10:30 <span>PW</span> Senior Stability Class!</div> <div>10:30 <span>IA</span> UNO!</div> <div>12:45 <span>EW</span> Guided Meditation!</div> <div>1:30 <span>IA</span> Outing to Marlborough Rehab for Bingo and Sundaes!</div> <div>1:30 <span>EW</span> Seated Cardio with Music</div> <div>3:00 <span>SW</span> Pick a Prize Bingo</div> <div>4:00 <span>SW</span> Social Time</div> <div>6:30 <span>MN</span> Movie Night</div>  | <div>19</div> <div>Juneteenth</div> <div>10:00 <span>PW</span> Pool Noodle Workout!</div> <div>10:30 <span>SW</span> Coffee, Tea and Chat!</div> <div>2:00 <span>IA</span> Bridge</div> <div>2:15 <span>PW</span> Zumba</div> <div>3:00 <span>PW</span> Balloon Volleyball!</div> <div>3:00 <span>IA</span> Great Course Lecture Series</div> <div>4:00 <span>SW</span> Social Time</div> <div>6:30 <span>MN</span> Movie Night</div>  | <div>20</div> <div>9:30 <span>SW</span> St. Peter's Episcopal Pre-Recorded Service</div> <div>10:00 <span>IA</span> Resident Shuttle to Ted's &amp; CVS</div> <div>10:00 <span>PW</span> Senior Stability Class!</div> <div>10:30 <span>IA</span> White Board Wheel of Fortune!</div> <div>11:00 <span>SW</span> Rosary</div> <div>1:00 <span>IA</span> Music Appreciation</div> <div>2:00 <span>SW</span> Karaoke Friday!</div> <div>2:00 <span>IA</span> Short Story Crew!</div> <div>2:30 <span>PW</span> Men's Power Half Hour!</div> <div>3:00 <span>IA</span> Word Within A Word!</div> <div>3:30 <span>IA</span> Country Store</div> <div>6:30 <span>MN</span> Cabaret and Cabernet!</div>       | <div>21</div> <div>9:30 <span>IA</span> Team Sudoku!</div> <div>10:30 <span>IA</span> Great Courses: Lecture Series</div> <div>11:00 <span>PW</span> Tai Chi!</div> <div>1:15 <span>IA</span> Name That Tune Jeopardy!</div> <div>1:45 <span>MN</span> Movie Matinee</div> <div>3:00 <span>SW</span> DOLLAR BINGO</div> <div>4:00 <span>SW</span> Soda Saturday Social!</div> <div>5:00 <span>MN</span> Hebron Make Music Day</div> <div>Featuring Rick Lovallo!</div> <div>6:30 <span>MN</span> Movie Night!</div> |
| <div>22</div> <div>9:15 <span>SW</span> Transportation to Local Churches</div> <div>10:00 <span>SW</span> Televised Catholic Mass</div> <div>10:30 <span>SW</span> Second Cup Sunday!</div> <div>11:00 <span>IA</span> Wii Bowling!</div> <div>1:00 <span>MN</span> Sunday at the Opera</div> <div>1:30 <span>PW</span> Cardio Drumming!</div> <div>2:15 <span>IA</span> Balloon Volleyball!</div> <div>3:00 <span>IA</span> UNO!</div> <div>4:00 <span>IA</span> Res-Led Rummikub, Cards, Games!</div> <div>6:30 <span>MN</span> Movie Night!</div>                                 | <div>23</div> <div>9:30 <span>IA</span> Team Sudoku!</div> <div>10:00 <span>PW</span> Senior Stability Class!</div> <div>10:00 <span>IA</span> Shopping Out Trip to Eastbrook Mall Area</div> <div>10:30 <span>IA</span> Wii Jeopardy</div> <div>11:00 <span>IA</span> Armchair Travel</div> <div>1:00 <span>MN</span> Matinee Showing of Musical Monday!</div> <div>1:30 <span>PW</span> Cardio Drumming!</div> <div>2:00 <span>SW</span> Bible Study</div> <div>4:00 <span>SW</span> Social Time</div> <div>6:30 <span>MN</span> Movie Night!</div>   | <div>24</div> <div>10:00 <span>PW</span> Pool Noodle Workout!</div> <div>10:30 <span>IA</span> Wordle!</div> <div>1:00 <span>PW</span> Wii Bowling!</div> <div>1:15 <span>PW</span> Cardio Slide!</div> <div>2:00 <span>IA</span> Brain Health Seminar with Kate from Enliven</div> <div>2:00 <span>IA</span> Bridge</div> <div>3:00 <span>IA</span> Corn Hole</div> <div>3:00 <span>IA</span> Great Course Lecture Series</div> <div>4:00 <span>SW</span> Social Time</div> <div>5:45 <span>EW</span> Pet Therapy Training</div> <div>6:30 <span>MN</span> Movie Night!</div> | <div>25</div> <div>9:00 <span>EW</span> Out Trip to Veterans Coffee Hour</div> <div>9:30 <span>PW</span> Yoga!</div> <div>10:30 <span>PW</span> Senior Stability Class!</div> <div>10:30 <span>IA</span> UNO!</div> <div>12:45 <span>EW</span> Guided Meditation!</div> <div>1:30 <span>PW</span> Seated Cardio with Music!</div> <div>2:00 <span>IA</span> Creative Corner</div> <div>2:30 <span>EW</span> Scenic Drive</div> <div>3:00 <span>SW</span> Pick a Prize Bingo</div> <div>4:00 <span>SW</span> Social Time</div> <div>6:30 <span>MN</span> Movie Night</div>                                  | <div>26</div> <div>10:00 <span>PW</span> Pool Noodle Workout!</div> <div>11:00 <span>SW</span> Service with Father Ron</div> <div>2:00 <span>IA</span> Bridge</div> <div>2:15 <span>PW</span> Zumba</div> <div>3:00 <span>PW</span> Balloon Volleyball</div> <div>3:00 <span>IA</span> Great Course Lecture Series</div> <div>4:00 <span>SW</span> Social Time</div> <div>6:30 <span>MN</span> Movie Night</div>   | <div>27</div> <div>9:30 <span>SW</span> St. Peter's Episcopal Pre-Recorded Service</div> <div>10:00 <span>IA</span> Resident Shuttle to Ted's &amp; CVS</div> <div>10:00 <span>PW</span> Senior Stability Class!</div> <div>10:30 <span>IA</span> White Board Wheel of Fortune!</div> <div>11:00 <span>SW</span> Rosary</div> <div>1:00 <span>IA</span> Music Appreciation</div> <div>2:00 <span>SW</span> Karaoke Friday!</div> <div>2:00 <span>IA</span> Short Story Crew!</div> <div>2:30 <span>PW</span> Men's Power Half Hour!</div> <div>3:00 <span>IA</span> Out Trip to Hebron Library!</div> <div>3:00 <span>IA</span> Word Within A Word!</div> <div>3:30 <span>IA</span> Country Store</div> | <div>28</div> <div>9:30 <span>IA</span> Team Sudoku!</div> <div>10:30 <span>IA</span> Great Courses: Lecture Series</div> <div>11:00 <span>PW</span> Tai Chi!</div> <div>1:15 <span>IA</span> Tony Rarus Concert!</div> <div>3:00 <span>SW</span> DOLLAR BINGO</div> <div>4:00 <span>SW</span> Soda Saturday Social!</div> <div>6:30 <span>MN</span> Movie Night!</div> <div>7:00 <span>IA</span> Out Trip to Fireworks at Lions Fairgrounds!</div>   |
| <div>29</div> <div>9:15 <span>SW</span> Transportation to Local Churches</div> <div>10:00 <span>SW</span> Televised Catholic Mass</div> <div>10:30 <span>SW</span> Second Cup Sunday!</div> <div>11:00 <span>IA</span> Wii Bowling!</div> <div>1:00 <span>MN</span> Sunday at the Opera</div> <div>1:30 <span>PW</span> Cardio Drumming!</div> <div>2:15 <span>IA</span> Balloon Volleyball!</div> <div>3:00 <span>IA</span> UNO!</div> <div>4:00 <span>IA</span> Res-Led Rummikub, Cards, Games!</div> <div>6:30 <span>MN</span> Movie Night!</div>                                 | <div>30</div> <div>9:30 <span>IA</span> Team Sudoku!</div> <div>10:00 <span>PW</span> Senior Stability Class!</div> <div>10:00 <span>IA</span> Shopping Out Trip to Eastbrook Mall Area</div> <div>10:30 <span>IA</span> Wii Jeopardy</div> <div>11:00 <span>IA</span> Armchair Travel</div> <div>1:00 <span>MN</span> Matinee Showing of Musical Monday!</div> <div>1:30 <span>PW</span> Cardio Drumming!</div> <div>2:00 <span>SW</span> Bible Study</div> <div>3:00 <span>SW</span> Off To The Races!</div> <div>4:00 <span>SW</span> Social Time</div> <div>6:30 <span>MN</span> Movie Night!</div>   | <div>June Birthdays!</div> <div><div><div>•</div><div>Marcia S.</div><div>6/7</div></div><div><div>•</div><div>Gisele D.</div><div>6/13</div></div><div><div>•</div><div>Arnie B.</div><div>6/16</div></div><div><div>•</div><div>Lucia M.</div><div>6/18</div></div><div><div>•</div><div>Janice M.</div><div>6/19</div></div><div><div>•</div><div>Charlene O.</div><div>6/22</div></div><div><div>•</div><div>Nancy W.</div><div>6/29</div></div></div> <div>Happy Birthday to You All!</div>   | <div>Colebrook Lucky Streak Continues!</div> <div>Congrats Michael on the Big Win!</div> <div></div>  | <div>Herman Modeling Dee's Kentucky Derby Hat Brought Lots of Laughs!</div> <div></div>   | <div>Loving All the Creativity That Goes Into Creating the Perfect Hat! They All Turned Out Terrific!</div> <div></div>  | <div>A Packed House for RHAM High Jazz Band! They Were Awesome!</div> <div></div>  |

# June 2025



**Earth Day 2025 was a huge success! Thanks to the efforts of these hard workers, we really cleaned up our street! In less than an hour we made a big difference and picked up so much trash! It really felt good! Look for more Walks with Purpose coming soon!**



**Thank you to our bakers! You are not all pictured here, but you know who you are! You always turn out to help create our treats for our celebrations! We appreciate you. We could not do what we do without all your help! You are the best kitchen crew ever! Rest up and get ready...we have our Tea Party this month!**