

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 2026 AL/IL		9:30am The Daily Chronicle 10:00am Village Voices Choir Practice 11:00am Rosary Group 11:15am Chair Yoga 1:00pm Active Afternoon Exercise-Includes Standing Exercise 1:15pm Bingo 2:00pm Monthly Calendar Planning 2:00pm Stitch & Chat 2:30pm Men's Group w/ Stephen 4:00pm Happy Hour 6:00pm Resident Run- Bingo	9:30am The Daily Chronicle 10:00am Word in a Word Game 11:00am Morning Movement 11:00am Outing on the Bus - Red Blazer 1:00pm Active Afternoon Exercise-Includes Standing Exercise 1:15pm Craft Club: Session 1 - Asst. Crafts from the Past 2:45pm Craft Club: Session 2 - Asst. Crafts from the Past 4:00pm Happy Hour 6:00pm Resident Run - Cribbage & Scrabble 6:00pm Resident Run-Left, Right, Center	9:30am The Daily Chronicle 10:00am Tai Chi With Vince 11:00am Bingo 11:00am Morning Movement 11:00am Thankful Thursday w/ Theresa 1:00pm Active Afternoon Exercise-Includes Standing Exercise 1:00pm Introduction to Instruments w/ Tyler 1:15pm Wrinkles Don't Hurt Study Group w/ Theresa 1:45pm Men's Movement for Muscle 2:00pm Music w/ Marlana Phillips 2:30pm Men's Group w/ Stephen 4:00pm Happy Hour 6:00pm Resident Run- Bingo	9:30am The Daily Chronicle 10:00am Village Voices Choir Practice w/ Jen 10:30am Journeying through Grief Discussion Group w/ Theresa 11:00am Fun Friday Movement 11:00am Garden Club w/ Michelle 12:30pm Outing: Ladie's Day Out at the Nash 1:15pm Friday Service w/ Theresa 1:15pm Kings in the Corner 2:00pm Psalms Study Group w/ Theresa 4:00pm Happy Hour! 6:00pm Friday Night Flicks - Limitless, Starring: Bradley Cooper	9:30am The Daily Chronicle 10:15am Jeopardy w/ Michelle 11:00am Morning Movement 1:30pm Bingo 3:00pm Culinary Club w/ Michelle "Let's make Dubai Chocolates" 3:00pm Movie Mattinee - The Flintstones Movie, Starring: John Goodman, Rick Moranis & Rosie O'Donnel 3:30pm Outing - Mass at St. John's w/ Jen 6:00pm Resident Run- Bingo
9:30am The Daily Chronicle 10:00am Livestream Mass 11:00am Exercise Games 1:00pm The House of David Spiritual Discussion Group 1:15pm Kings in the Corner 2:15pm Stephen's Craft Corner (Make up day for crafts on Wednesday) 3:00pm Movie Matinee - Residents Choice 6:00pm Resident Run - Cribbage & Scrabble 6:00pm Resident Run-Left, Right, Center	9:30am The Daily Chronicle 10:00am Outing to Walmart 10:00am Trivia and History w/ Tyler 11:00am Morning Movement 1:00pm Active Afternoon Exercise-Includes Standing Exercise 1:15pm Virtual Concert 1:45pm Men's Movement for Muscle 2:30pm Games W/ Tyler 3:00pm Bell Choir 3:00pm Herbal Creations w/ Michelle "Introduction to Chamomile" 4:00pm Happy Hour 6:00pm Resident Run Card Game - 31 knocks 6:00pm Resident Run- Bingo	9:30am The Daily Chronicle 10:00am Village Voices Choir Practice 11:00am Rosary Group 11:15am Chair Yoga 1:00pm Active Afternoon Exercise-Includes Standing Exercise 1:15pm Bingo 2:00pm Stitch & Chat 2:30pm Men's Group w/ Stephen 4:00pm Happy Hour 6:00pm Resident Run- Bingo	9:30am The Daily Chronicle 10:00am What's in a Word Game 11:00am Morning Movement 11:00am Outing on the Bus - Olive Garden 1:00pm Active Afternoon Exercise-Includes Standing Exercise 1:15pm Craft Club: Session 1 - Fall Wreaths 2:45pm Craft Club: Session 2 - Fall Wreaths 4:00pm Happy Hour 6:00pm Resident Run - Cribbage & Scrabble 6:00pm Resident Run-Left, Right, Center	9:30am The Daily Chronicle 10:00am Tai Chi With Vince 11:00am Bingo 11:00am Morning Movement 11:00am Thankful Thursday w/ Theresa 1:00pm Active Afternoon Exercise-Includes Standing Exercise 1:00pm Cups of Comfort (supportive conversations) w/ Theresa 1:00pm Introduction to Instruments w/ Tyler 1:45pm Men's Movement for Muscle 2:00pm Music w/ Gardner Berry! 2:30pm Men's Group w/ Stephen 4:00pm Happy Hour 6:00pm Resident Run- Bingo	9:30am The Daily Chronicle 10:00am Village Voices Choir Practice w/ Jen 11:00am Fun Friday Movement 11:00am Garden Club w/ Michelle 1:00pm Outing to Homegoods 1:15pm Friday Service w/ Theresa 1:15pm Kings in the Corner 2:30pm Leisure Activities Outside/ Velcro Dart & Horseshoes 4:00pm Happy Hour! 6:00pm Friday Night Flicks - Liar Liar, Starring: Jim Carrey	9:30am The Daily Chronicle 10:15am Jeopardy w/ Michelle 11:00am Morning Movement 1:30pm Bingo 3:00pm Culinary Club w/ Michelle (Beef & Barley Soup) 3:00pm Movie Mattinee - Bridesmaids, Starring: Kristen Wiig & Melissa McCarthy 3:30pm Outing - Mass at St. John's w/ Jen 6:00pm Resident Run- Bingo
9:30am The Daily Chronicle 10:00am Rosary Group 11:00am Exercise Games 1:00pm The House of David Spiritual Discussion Group 1:15pm Kings in the Corner 2:15pm Stephen's Craft Corner (Make up day for crafts on Wednesday) 3:00pm Movie Matinee - Residents Choice 6:00pm Resident Run - Cribbage & Scrabble 6:00pm Resident Run-Left, Right, Center	9:30am The Daily Chronicle 10:00am Outing to Market Basket 10:00am Trivia and History w/ Tyler 11:00am Morning Movement 1:00pm Active Afternoon Exercise-Includes Standing Exercise 1:15pm Virtual Concert 1:45pm Men's Movement for Muscle 2:30pm Book Club w/ Debi Dow 3:00pm Bell Choir 3:00pm Herbal Creations w/ Michelle "Chamomile Honey" 4:00pm Happy Hour 6:00pm Resident Run Card Game - 31 knocks 6:00pm Resident Run- Bingo	9:30am The Daily Chronicle 10:00am Village Voices Choir Practice 11:00am Rosary Group 11:15am Chair Yoga 1:00pm Active Afternoon Exercise-Includes Standing Exercise 1:15pm Bingo 2:00pm Veteran' Group w/ Jen 2:30pm Men's Group w/ Stephen 4:00pm Happy Hour 6:00pm Resident Run- Bingo	9:30am The Daily Chronicle 10:00am Word in a Word Game 11:00am Morning Movement 11:00am Outing on the Bus - Friendly Red Tavern (Derry) 1:00pm Active Afternoon Exercise-Includes Standing Exercise 1:15pm Craft Club: Session 1 - Decoupage Pumpkins 2:45pm Craft Club: Session 2 - Decoupage Pumpkins 4:00pm Happy Hour 6:00pm Resident Run - Cribbage & Scrabble 6:00pm Resident Run-Left, Right, Center	9:30am The Daily Chronicle 10:00am Tai Chi With Vince 11:00am Bingo 11:00am Morning Movement 11:00am Thankful Thursday w/ Theresa 1:00pm Active Afternoon Exercise-Includes Standing Exercise 1:00pm Introduction to Instruments w/ Tyler 1:15pm Wrinkles Don't Hurt Study Group w/ Theresa 1:45pm Men's Movement for Muscle 2:30pm Men's Group w/ Stephen 2:30pm Techno Thursday W/ Tyler! Class#3 "Email Basics: Sending, Receiving & Replying to Emails" 4:00pm Happy Hour 6:00pm Resident Run- Bingo	9:30am The Daily Chronicle 10:00am Village Voices Choir Practice w/ Jen 10:30am Journeying through Grief Discussion Group w/ Theresa 11:00am Fun Friday Movement 11:00am Garden Club w/ Michelle 1:00pm Outing to Hampton Beach 1:15pm Friday Service w/ Theresa 1:15pm Kings in the Corner 2:00pm Music w/ Stan! 2:00pm Psalms Study Group w/ Theresa 4:00pm Happy Hour! 6:00pm Friday Night Flicks - Sherlock Holmes, Starring Robert Downey Jr. & Jude Law	MO FLU CLINIC IN THE PUB TODAY 9:30am The Daily Chronicle 10:15am Jeopardy w/ Michelle 10:30am Dementia Bridges - Support Group for Friends, Residents, & Family 11:00am Morning Movement 1:30pm Bingo 3:00pm Culinary Club w/ Michelle (1-minute cakes) 3:00pm Movie Mattinee - ET, Starring: Henry Thomas & Drew Barrymore 3:30pm Outing - Mass at St. John's w/ Jen 6:00pm Resident Run- Bingo
9:30am The Daily Chronicle 10:00am Livestream Mass 11:00am Exercise Games 1:00pm The House of David Spiritual Discussion Group 1:15pm Kings in the Corner 2:00pm Summer Send Off! Entertainment By: Brian Balanski, Treats & Lemonade Courtesy of LilyCare 2:15pm Stephen's Craft Corner (Make up day for crafts on Wednesday) 3:00pm Movie Matinee - Residents Choice 6:00pm Resident Run - Cribbage & Scrabble 6:00pm Resident Run-Left, Right, Center	9:30am The Daily Chronicle 10:00am Outing to Walmart 10:00am Trivia and History w/ Tyler 11:00am Morning Movement 1:00pm Active Afternoon Exercise-Includes Standing Exercise 1:00pm Catholic Mass with Father Andre 1:15pm Virtual Concert 1:45pm Men's Movement for Muscle 2:30pm Games W/ Tyler 3:00pm Bell Choir 3:00pm Herbal Creations w/ Michelle "Chamomile Panna Cotta" 4:00pm Happy Hour 6:00pm Resident Run Card Game - 31 knocks 6:00pm Resident Run- Bingo	9:30am The Daily Chronicle 10:00am Village Voices Choir Practice 11:00am Rosary Group 11:15am Chair Yoga 1:00pm Active Afternoon Exercise-Includes Standing Exercise 1:00pm Bingo 2:00pm Stitch & Chat 2:15pm Music w/ Drew the Musical Storyteller 2:30pm Men's Group w/ Stephen 4:00pm Happy Hour 6:00pm Resident Run- Bingo	9:30am The Daily Chronicle 10:00am What's in a Word Game 11:00am Morning Movement 11:00am Outing on the Bus - Country Cookin at the Circle 1:00pm Active Afternoon Exercise-Includes Standing Exercise 1:15pm Craft Club: Session 1 - Botanical floral Lanterns 2:45pm Craft Club: Session 2 - Botanical floral lanterns 4:00pm Happy Hour 6:00pm Resident Run - Cribbage & Scrabble 6:00pm Resident Run-Left, Right, Center	9:30am The Daily Chronicle 10:00am Tai Chi With Vince 11:00am Bingo 11:00am Morning Movement 11:00am Thankful Thursday w/ Theresa 1:00pm Active Afternoon Exercise-Includes Standing Exercise 1:00pm Cups of Comfort (supportive conversations) w/ Theresa 1:00pm Introduction to Instruments w/ Tyler 1:45pm Men's Movement for Muscle 2:30pm Men's Group w/ Stephen 2:30pm Resident Council 4:00pm Happy Hour 6:00pm Resident Run- Bingo	9:30am The Daily Chronicle 10:00am Village Voices Choir Practice w/ Jen 11:00am Fun Friday Movement 11:00am Garden Club w/ Michelle 1:00pm Outing - Foliage & Munchkins 1:15pm Friday Service w/ Theresa 1:15pm Kings in the Corner 4:00pm Happy Hour! 6:00pm Friday Night Flicks - Sherlock Holmes Game of Shadows, Starring Robert Downey Jr & Jude Law	9:30am The Daily Chronicle 10:15am Jeopardy w/ Michelle 11:00am Morning Movement 1:30pm Bingo 3:00pm Culinary Club w/ Michelle (Harvest Dinner Bowls) 3:00pm Movie Mattinee - La La Land, Starring: Ryan Gosling & Emma Stone 3:30pm Outing - Mass at St. John's w/ Jen 6:00pm Resident Run- Bingo
9:30am The Daily Chronicle 10:00am Rosary Group 11:00am Exercise Games 1:00pm The House of David Spiritual Discussion Group 1:15pm Kings in the Corner 2:15pm Stephen's Craft Corner (Make up day for crafts on Wednesday) 3:00pm Movie Matinee - Residents Choice 6:00pm Resident Run - Cribbage & Scrabble 6:00pm Resident Run-Left, Right, Center	9:30am The Daily Chronicle 10:00am Outing to Market Basket 10:00am Trivia and History w/ Tyler 11:00am Morning Movement 1:00pm Active Afternoon Exercise-Includes Standing Exercise 1:15pm Robin Shelgren Presents: The History of Lighthouses 1:45pm Men's Movement for Muscle 2:30pm Book Club w/ Debi Dow 3:00pm Bell Choir 3:00pm Herbal Creations w/ Michelle (Journaling) 4:00pm Happy Hour 6:00pm Resident Run Card Game - 31 knocks 6:00pm Resident Run- Bingo	9:30am The Daily Chronicle 10:00am Village Voices Choir Practice 11:00am Rosary Group 11:15am Chair Yoga 1:00pm Active Afternoon Exercise-Includes Standing Exercise 1:15pm Bingo 2:00pm Stitch & Chat 2:30pm Men's Group w/ Stephen 2:30pm Resident Safety Meeting 4:00pm Happy Hour 6:00pm Resident Run- Bingo	9:30am The Daily Chronicle 10:00am Word in a Word Game 11:00am Morning Movement 11:00am Outing on the Bus - T-Bones 1:00pm Active Afternoon Exercise-Includes Standing Exercise 1:15pm Craft Club: Session 1 - Harvest Mosaic Trivets 2:45pm Craft Club: Session 2 - Harvest Mosaic Trivets 4:00pm Happy Hour 6:00pm Resident Run - Cribbage & Scrabble 6:00pm Resident Run-Left, Right, Center	“September brings golden days and autumn skies, A season of new beginnings wrapped in sunshine.”		
						