

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
							
<h1>January 2026</h1> <h2>ASSISTED AND INDEPENDENT COMMUNITIES</h2> <p>ALL ACTIVITIES SUBJECT TO CHANGE WITHOUT NOTICE</p>							
9:30 Current Events and Conversation 10:00 Rosary Group 11:00 Exercise- Balloon Volleyball 1:00 THE CHOSEN- A Spiritual Discussion Group 1:15 LET'S PLAY CARDS! 3:00 CLASSIC MOVIE MATINEE 6:00 Resident Run-Left, Right, Center Dice Game	4 9:30 Daily Chronicle 10:00 Outing- MARKET BASKET- HOOKSETT 10:00 Trivia! 11:00 Morning Movement! 1:15 BEGINNING DRAWING/PAINTING WORKSHOP WITH RESIDENT ARTIST BRUCE H.! 1:30 Virtual Concert 2:15 Men's Movement for Muscle 4:00 Happy Hour! 6:00 Resident Run- Scrabble and Cribbage	5 9:30 Current Events and Conversation 10:00 Village Voices Chorus Practice 11:00 Rosary Group 11:15 Chair Yoga 1:15 BINGO 2:15 Stitch and Chat! 4:00 Happy Hour! 6:00 Resident Run- BINGO!	6 9:30 Daily Chronicle 10:00 Word in a Word Game! 11:00 Morning Movement 11:00 Outing on the Bus- TOWN CABIN RESTAURANT- CANDIA 1:15 CRAFT WITH CHRISTINE 2:15 Gentle Stretch 2:45 CRAFT WITH CHRISTINE 4:00 Happy Hour! 6:00 Resident Run-Left, Right, Center Dice Game	7 9:30 Daily Chronicle 10:00 ELVIS PRESLEY DAY! 9:00 ELVIS PRESLEY SCAVENGER HUNT! With Prizes! 9:30 Current Events and Conversation 10:00 ELVIS PRESLEY BINGO 11:00 Morning Movement 11:00 Thankful Thursday- Spiritual Discussion Group 2:00 LIVE ENTERTAINMENT WITH SINGER GARDNER BERRY- with Songs by Elvis! 2:15 Men's Movement for Muscle 4:00 Happy Hour!- WITH ELVIS THEMED SNACK! 6:00 Resident Run- BINGO!	1 9:30 Current Events and Conversation 10:00 BINGO 11:00 Morning Movement 11:00 Thankful Thursday- Spiritual Discussion Group 3:30 NEW YEAR'S DAY PARTY IN THE PUB 6:00 Resident Run- BINGO!	2 9:30 Daily Chronicle 10:00 Village Voices Chorus Practice 11:00 Fun Friday Movement 1:30 FLORAL ARRANGING WORKSHOP WITH FRESH FLOWERS! 2:30 Card Game- Kings in the Corner 3:00 BOOK CLUB 4:00 Happy Hour! 6:00 Friday Night Flicks 6:00 Resident Run- Scrabble and Cribbage	3 9:30 Current Events and Conversation 10:00 JEOPARDY! 11:00 Morning Exercise 1:30 BINGO 3:00 Saturday CLASSIC MOVIE MATINEE 3:30 Outing- Mass at St. John's 6:00 Resident Run- BINGO!
9:30 Current Events and Conversation 10:00 Livestream Mass 11:00 Exercise- Badminton 1:00 THE CHOSEN- A Spiritual Discussion Group 1:15 LET'S PLAY CARDS! 3:00 CLASSIC MOVIE MATINEE 6:00 Resident Run-Left, Right, Center Dice Game	11 9:30 Daily Chronicle 10:00 Outing- HOME GOODS SHOPPING TRIP- CONCORD 10:00 Trivia! 11:00 Morning Movement! 1:15 BEGINNING DRAWING/PAINTING WORKSHOP WITH RESIDENT ARTIST BRUCE H.! 1:15 RESIDENT SUPPORT GROUP!- Everyone Welcome! 1:30 Virtual Concert 2:15 Men's Movement for Muscle 4:00 Happy Hour! 6:00 Resident Run- Scrabble and Cribbage	12 All Day HILLSBROOK DESTINATION TRAVEL DAY- GREECE! 9:30 LET'S LEARN ABOUT GREEK MYTHOLOGY 10:00 Village Voices Chorus Practice 11:00 Rosary Group 11:15 Chair Yoga 1:15 GREEK THEMED BINGO! 2:15 Stitch and Chat! 2:30 TRAVEL VIDEO OF GREECE by Rick Steves!- Armchair Travel Trip 4:00 Happy Hour!- GREEK SNACK! 6:00 Resident Run- BINGO!	13 9:30 Daily Chronicle 10:00 Word in a Word Game 11:00 Morning Movement 11:00 Outing on the Bus- POPOVER'S RESTAURANT- EPPING 1:15 CRAFT WITH CHRISTINE 2:15 Gentle Stretch 2:45 CRAFT WITH CHRISTINE 4:00 Happy Hour! 6:00 Resident Run-Left, Right, Center Dice Game	14 All Day CRAZY HAT DAY COMPETITION! 9:30 Current Events and Conversation 10:00 BINGO 11:00 Morning Movement 11:00 Thankful Thursday- Spiritual Discussion Group 2:00 LIVE ENTERTAINMENT WITH SINGER DAN CLARK! 2:15 Men's Movement for Muscle 4:00 Happy Hour! 6:00 Resident Run- BINGO!	15 9:30 Daily Chronicle 10:00 Village Voices Chorus Practice 11:00 Fun Friday Movement 1:15 Card Game- Kings in the Corner 2:30 BOOK CLUB 4:00 Happy Hour! 6:00 Friday Night Flicks 6:00 Resident Run- Scrabble and Cribbage	9 9:30 Current Events and Conversation 10:00 JEOPARDY! 11:00 Morning Exercise 1:30 BINGO 3:00 Saturday CLASSIC MOVIE MATINEE 3:30 Outing- Mass at St. John's 6:00 Resident Run- BINGO!	10 9:30 Current Events and Conversation 10:00 JEOPARDY! 11:00 Morning Exercise 1:30 BINGO 3:00 Saturday CLASSIC MOVIE MATINEE 3:30 Outing- Mass at St. John's 6:00 Resident Run- BINGO!
9:30 Current Events and Conversation 10:00 Rosary Group 11:00 Exercise- Chair Hockey 1:00 THE CHOSEN- A Spiritual Discussion Group 1:15 LET'S PLAY CARDS! 3:00 CLASSIC MOVIE MATINEE 6:00 Resident Run-Left, Right, Center Dice Game	18 All Day MARTIN LUTHER KING, JR. DAY 9:30 Daily Chronicle 10:00 Outing- WALMART- HOOKSETT 10:00 Trivia! 11:00 Morning Movement! 1:15 BEGINNING DRAWING/PAINTING WORKSHOP WITH RESIDENT ARTIST BRUCE H.! 2:15 Men's Movement for Muscle 2:30 MARTIN LUTHER KING, JR. PRESENTATION 4:00 Happy Hour! 6:00 Resident Run- Scrabble and Cribbage	19 9:30 Current Events and Conversation 10:00 Village Voices Chorus Practice 11:00 Rosary Group 11:15 Chair Yoga 1:15 BINGO 2:15 Stitch and Chat! 2:30 CALENDAR COMMITTEE MEETING- PLANNING FOR FEBRUARY 4:00 Happy Hour! 6:00 Resident Run- BINGO!	20 9:30 Daily Chronicle 10:00 Word in a Word Game! 11:00 Morning Movement 11:00 Outing on the Bus- CARRABA'S ITALIAN RESTAURANT- BEDFORD 1:15 CRAFT WITH CHRISTINE 2:15 Gentle Stretch 2:45 CRAFT WITH CHRISTINE 4:00 Happy Hour! 6:00 Resident Run-Left, Right, Center Dice Game	21 9:30 Current Events and Conversation 10:00 BINGO 11:00 Morning Movement 11:00 Thankful Thursday- Spiritual Discussion Group 1:15 MAHJONGG CLUB 2:15 Men's Movement for Muscle 2:30 RESIDENT COUNCIL MEETING 4:00 Happy Hour! 6:00 Resident Run- BINGO!	22 9:30 Daily Chronicle 10:00 Village Voices Chorus Practice 11:00 Fun Friday Movement 1:15 Card Game- Kings in the Corner 2:30 NEW! CIRCLE OF FAITH PRAYER GROUP 4:00 Happy Hour! 6:00 Friday Night Flicks 6:00 Resident Run- Scrabble and Cribbage	16 9:30 Current Events and Conversation 10:00 JEOPARDY! 10:30 DEMENTIA SUPPORT GROUP WITH KATHY 11:00 Morning Exercise 1:30 BINGO 3:00 Saturday CLASSIC MOVIE MATINEE 3:30 Outing- Mass at St. John's 6:00 Resident Run- BINGO!	17 9:30 Current Events and Conversation 10:00 JEOPARDY! 10:30 DEMENTIA SUPPORT GROUP WITH KATHY 11:00 Morning Exercise 1:30 BINGO 3:00 Saturday CLASSIC MOVIE MATINEE 3:30 Outing- Mass at St. John's 6:00 Resident Run- BINGO!
9:30 Current Events and Conversation 10:00 Livestream Mass 11:00 Exercise- Cornhole 1:00 THE CHOSEN- A Spiritual Discussion Group 1:15 LET'S PLAY CARDS! 3:00 CLASSIC MOVIE MATINEE 6:00 Resident Run-Left, Right, Center Dice Game	25 9:30 Daily Chronicle 10:00 Outing- MARKET BASKET- CONCORD 10:00 Trivia! 11:00 Morning Movement! 1:15 PRESENTATION WITH PROFESSIONAL SPEAKER- ROBIN SHELGREN- "Alaska the Beautiful" 2:15 Men's Movement for Muscle 4:00 Happy Hour! 6:00 Resident Run- Scrabble and Cribbage	26 9:30 Current Events and Conversation 10:00 Village Voices Chorus Practice 11:00 Rosary Group 11:15 Chair Yoga 1:15 BINGO 2:15 Stitch and Chat! 4:00 Happy Hour! 6:00 Resident Run- BINGO!	27 9:30 Daily Chronicle 10:00 Word in a Word Game 11:00 Morning Movement 11:00 Outing on the Bus- LOBSTER BOAT- LITCHFIELD 2:15 Gentle Stretch 2:45 FLORAL ARRANGING WORKSHOP WITH FRESH FLOWERS! 4:00 Happy Hour! 6:00 Resident Run-Left, Right, Center Dice Game	28 9:30 Current Events and Conversation 10:00 BINGO 10:00 NEW YEAR, NEW YOU! PORTRAITS AND GLAMOUR SHOTS! 11:00 Morning Movement 11:00 Thankful Thursday- Spiritual Discussion Group 1:15 MAHJONGG CLUB 2:15 Men's Movement for Muscle 4:00 Happy Hour! 6:00 Resident Run- BINGO!	29 All Day FAVORITE SPORT'S TEAM DRESS UP COMPETITION! All Day NATIONAL FAVORITE SPORT'S TEAM DAY! 9:30 Daily Chronicle 10:00 Village Voices Chorus Practice 11:00 Fun Friday Movement 1:15 Card Game- Kings in the Corner 2:30 BOOK CLUB 4:00 Happy Hour! 6:00 Friday Night Flicks 6:00 Resident Run- Scrabble and Cribbage	30 9:30 Current Events and Conversation 10:00 JEOPARDY! 11:00 Morning Exercise 1:30 BINGO 3:00 Saturday CLASSIC MOVIE MATINEE 3:30 Outing- Mass at St. John's 6:00 Resident Run- BINGO!	31 9:30 Current Events and Conversation 10:00 JEOPARDY! 11:00 Morning Exercise 1:30 BINGO 3:00 Saturday CLASSIC MOVIE MATINEE 3:30 Outing- Mass at St. John's 6:00 Resident Run- BINGO!