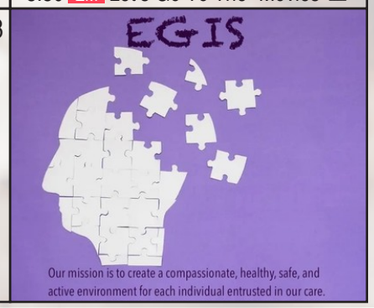
Colebrook Village at Hebron

February 2025

AR Activity Room	SW Social Wellness	Neighborhood Stroll	Physical Wellness
SW Spiritual Wellness	PW Physical Wellness	Bus Trip	Game Time
DR Dining Room	EM Entertainment or Movie	Music	Baking/Cooking
LR Living Room	IW Intellectual Wellness	Snack and Chat	Movie
BT Bus Trip	EW Emotional Wellness	Creative Arts	Pet Visits

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						National Texas Day! 1 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 PW Yoga: Mind, Body & Soul 11:00 LR Armchair Travel- The Alamo 1:45 EM Movie Matinee 3:00 SW Mocktail Hour 3:30 AR BINGO 5:30 EM Let's Go To The "Movies"
Groundhog Day! 2 7:00 DR Morning Melodies♪ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles 10:30 PW Let's Get Groovin'♪ 11:00 AR Artistic Circle- Painting or Coloring 1:30 IW Cardio Drumming 2:15 LR History of Groundhog Day! 3:00 SW Mocktail Hour 3:30 AR BINGO 5:30 EM Let's Go To The "Movies"	**National Carrot Cake Day!** 3 7:00 LR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 AR Celebrity Spotlight: Lena Horne 1:30 PW Cardio Drumming 2:15 IW Balloon Toss 3:00 SW Mocktail Hour 3:30 AR BINGO 5:30 EM Let's Go To The "Movies"	**National Homemade Soup Day!** 4 7:00 LR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 PW Low Intensity Aerobics 11:00 DR My Mother's Recipes ♥ 1:15 LR Balloon Toss 2:00 EM Bruce John - Welles♪ 3:00 SW Mocktail Hour 3:30 SW Connect 6 5:30 EM Let's Go To The "Movies"	**National Weatherperson's Day!** 5 7:00 LR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 PW Cardio Slide 11:00 LR All About the Weather! 1:30 PW Seated Cardio w/ Music 2:00 PW Wild Card w/ Mike 2:30 EM Living Room Karaoke ♪ 3:00 SW Mocktail Hour 5:30 EM Let's Go To The "Movies"	**National Frozen Yogurt Day!** 6 7:00 LR Morning Melodies♪ 7:30 AR Breakfast Club 10:00 LR News, Weather and Chat 10:30 PW Zumba Class 1:00 EW Therapy Dog Visits with Jax 1:30 PW Fun Games w/ Mike 2:00 Afternoon Stroll 3:15 SW Mocktail Hour 3:30 LR Words With Friends 5:30 EM Let's Go To The "Movies"	**Send a Friend a Card!** 7 7:00 LR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 PW Low Intensity Aerobics 11:00 SW Crafting Corner 1:15 BT "We're Going On A Trip" 3:00 SW Mocktail Hour 3:30 AR BINGO 5:30 EM Let's Go To The "Movies"	**National Iowa Day!** 8 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 PW Yoga: Mind, Body & Soul 11:00 LR Armchair Travel- Pikes Peak State Park 1:45 EM Movie Matinee 3:00 SW Mocktail Hour 3:30 AR BINGO 5:30 EM Let's Go To The "Movies"
Super Bowl Sunday! 9 7:00 DR Morning Melodies♪ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles 10:30 PW Let's Get Groovin'♪ 11:00 AR Artistic Circle- Painting or Coloring 1:30 IW Cardio Drumming 2:15 PW Nerf Football 3:00 SW Mocktail Hour 3:30 AR BINGO 5:30 EM Let's Go To The "Movies"	**Cream Cheese Brownie Day!** 10 7:00 LR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 AR Celebrity Spotlight: Sammy Davis Jr 11:00 DR My Mother's Recipes ♥ 1:30 PW Cardio Drumming 2:15 IW Balloon Toss 3:00 SW Mocktail Hour 3:30 AR BINGO 5:30 EM Let's Go To The "Movies"	**National Inventors Day!** 11 7:00 LR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 PW Low Intensity Aerobics 11:00 LR Memory Lane- Inventors! 1:30 IW Crafting Corner 2:30 AR Word Game 3:00 SW Mocktail Hour 3:30 SW Connect 6 5:30 EM Let's Go To The "Movies"	**President Lincoln's Birthday!** 12 7:00 LR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 PW Cardio Slide 11:00 LR Armchair Travel- Lincoln Memorial 1:30 PW Seated Cardio w/ Music 2:00 EM Fun with Music-Welles ♪ 2:30 PW Wild Card w/ Mike 3:00 SW Mocktail Hour 5:30 EM Let's Go To The "Movies"	**World Radio Day!** 13 7:00 LR Morning Melodies♪ 7:30 AR Breakfast Club 10:00 LR News, Weather and Chat 10:30 PW Zumba Class 11:00 SW Catholic Service w/ Father Mike- Chapel 1:00 EW Therapy Dog Visits with Jax 1:30 PW Fun Games w/ Mike 2:00 Afternoon Stroll 3:15 SW Mocktail Hour 3:30 LR Memory Jogger! 5:30 EM Let's Go To The "Movies"	**Happy Valentine's Day!** 14 7:00 LR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 PW Low Intensity Aerobics 11:00 LR Finish the Phrase 1:15 BT "We're Going On A Trip" 3:00 SW Valentine's Day Social! 5:30 EM Let's Go To The "Movies"	**National Wisconsin Day!** 15 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 PW Yoga: Mind, Body & Soul 11:00 LR Armchair Travel- Caves of the Mounds 1:45 EM Movie Matinee 3:00 SW Mocktail Hour 3:30 AR BINGO 5:30 EM Let's Go To The "Movies"
National Almond Day! 16 7:00 DR Morning Melodies♪ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles 10:30 PW Let's Get Groovin'♪ 11:00 AR Artistic Circle- Painting or Coloring 1:30 IW Cardio Drumming 2:15 PW Balloon Toss 3:00 SW Mocktail Hour 3:30 AR BINGO 5:30 EM Let's Go To The "Movies"	**Presidents Day** 17 7:00 LR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 LR Celebrity Spotlight: Louis Armstrong 11:30 IW Balloon Toss 1:30 PW Cardio Drumming 2:15 LR All about Presidents! 3:00 SW Mocktail Hour 3:30 AR BINGO 5:30 EM Let's Go To The "Movies"	**National Stuffed Flounder Day!** 18 7:00 LR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 PW Low Intensity Aerobics 11:00 PW Fishing Game! 1:30 IW Crafting Corner 2:00 EM Matt Bureau Concert♪ 3:00 SW Mocktail Hour 3:30 LR Words With Friends 5:30 EM Let's Go To The "Movies"	**National Horse Day!** 19 7:00 LR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 PW Cardio Slide 11:00 DR My Mother's Recipes ♥ 1:30 PW Seated Cardio w/ Music 2:00 PW Horse Race w/ Mike 2:30 EM Living Room Karaoke ♪ 3:00 SW Mocktail Hour 5:30 EM Let's Go To The "Movies"	**National Comfy Day!** 20 7:00 LR Morning Melodies♪ 7:30 AR Breakfast Club 10:00 LR News, Weather and Chat 10:30 PW Zumba Class 1:00 EW Therapy Dog Visits with Jax 1:30 PW Newspaper shuffle w/ Mike 2:00 Afternoon Stroll 3:15 SW Mocktail Hour 3:30 LR Words With Friends 5:30 EM Let's Go To The "Movies"	**National Caregivers Day!** 21 7:00 LR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 PW Low Intensity Aerobics 11:00 AR BINGO 1:15 BT "We're Going On A Trip" 3:00 SW Mocktail Hour 3:30 PW Tic-Tac-Toe 5:30 EM Let's Go To The "Movies"	**National California Day!** 22 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 PW Yoga: Mind, Body & Soul 11:00 LR Armchair Travel! - Disney Land 1:45 EM Movie Matinee 3:00 SW Mocktail Hour 3:30 AR BINGO 5:30 EM Let's Go To The "Movies"
National Tile Day! 23 7:00 DR Morning Melodies♪ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles 10:30 PW Let's Get Groovin'♪ 11:00 AR Artistic Circle- Painting or Coloring 1:30 IW Cardio Drumming 2:15 PW Cornhole 3:00 SW Mocktail Hour 3:30 AR BINGO 5:30 EM Let's Go To The "Movies"	**National Tortilla Day!** 24 7:00 LR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 LR Celebrity Spotlight: Fats Domino 1:30 PW Cardio Drumming 2:15 AR All about MLK! 2:15 IW Balloon Toss 3:00 SW Mocktail Hour 3:30 AR BINGO 5:30 EM Let's Go To The "Movies"	**National Clam Chowder Day!** 25 7:00 LR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 PW Low Intensity Aerobics 11:00 AR Word Game 1:30 IW Crafting Corner 3:00 SW Mocktail Hour 3:30 SW Connect 6 5:30 EM Let's Go To The "Movies"	**Tell a Fairy Tale Day!** 26 7:00 LR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 PW Cardio Slide 11:00 DR My Mother's Recipes ♥ 1:30 PW Seated Cardio w/ Music 2:30 EM Fun with Music-Welles ♪ 2:30 PW Wild Card w/ Mike 3:00 SW Mocktail Hour 5:30 EM Let's Go To The "Movies"	**National Strawberry Day!** 27 7:00 LR Morning Melodies♪ 7:30 AR Breakfast Club 10:00 LR News, Weather and Chat 10:30 PW Zumba Class 11:00 SW Church Services w/ Father Ron-Welles 1:00 EW Therapy Dog Visits with Jax 1:30 PW Fun Games w/ Mike 2:00 Afternoon Stroll 3:15 SW Mocktail Hour 3:30 LR Words With Friends 5:30 EM Let's Go To The "Movies"	**National Science Day!** 28 7:00 LR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:30 PW Low Intensity Aerobics 11:00 PW Beach Ball & Noodle Hockey 1:15 BT "We're Going On A Trip" 3:00 SW Mocktail Hour 3:30 PW Tic-Tac-Toe 5:30 EM Let's Go To The "Movies"	

Copyright © 2025 Uhlig LLC Illustratus