Colebrook Village at Hebron

55 John E Horton Blvd. • Hebron, CT 06248 • (860) 801-1114

November 2026



We are all Stars here at Colebrook, but we really showed our varied talents at our 2nd Talent Show! From music to art, dance & comedy, we had it all! Thank you to all who participated! Such Fun!











Thanks to a great stuffing crew, Cole and Brook are reading to the great-grandkids on the Corner of Main St. this year!

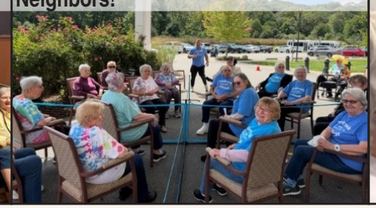




Colebrook Village at Hebron

November 2026

SW Spiritual Wellness
PW Physical Wellness
IA Intellectual Wellness
SW Social Wellness
MN Entertainment or Movie
EW Emotional Wellness
IA Independent Activity

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 SW Transportation to Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 10:30 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:15 PW Balloon Volleyball! 2:00 IA UNO! 3:00 PW Cornhole! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!	**2** 10:00 PW Huffin' for Stuffin'! 10:00 IA Shopping Out Trip to Walmart/Aldi 11:00 SW Catholic Mass with Fr Mike 12:30 EW Nail Care! by Appt! 1:00 MN Matinee Showing of The Chosen 1:30 PW Cardio Drumming! 2:00 SW Bible Study with Brien 2:00 EW Sing Along with Bonnie! 2:30 PW Colebrook Walking Club! 3:00 IA Left Right Center! 4:00 SW Social Time 6:30 MN Movie Night!	**3** 9:00 PW Blood Pressure Clinic! 10:00 PW Cardio Boxing! 10:30 IA White Board Boggle! 11:00 IA Armchair Travel 11:00 IA Vivacious Voices! 1:00 PW Wii Bowling! 2:00 MN Jason Castonguay Concert 3:15 PW Cornhole! 3:15 IA Great Course Lecture Series 4:00 SW Social Time 5:30 EW Pet Therapy Training 6:30 MN Movie Night!	**4** 9:45 PW Senior Stability Class! 10:30 IA Out Trip 10:30 EW Parkinson's Group 10:30 IA UNO! 1:30 IA Taste and Travel Colombia 2:30 IA Finish That Line! 2:30 EW Scenic Drive 3:00 SW Pick a Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	**5** 10:00 PW Rhythm Drumming! 10:30 SW Coffee, Tea and Chat! 1:00 IA Yahtzee! 1:30 EW Guided Meditation! 2:00 IA Bridge 2:15 PW Zumba 3:00 PW Balloon Volleyball! 3:00 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night	**6** 10:00 PW Huffin' for Stuffin'! 10:00 IA Resident Shuttle to Ted's & CVS 10:30 SW Rosary 10:30 IA White Board Wheel of Fortune! 11:00 IA Vivacious Voices! 12:30 IA Out Trip to Hebron Library! 1:00 IA Let's Learn Mahjong! 2:00 IA Library Crew! 2:00 PW Line Dancing! 2:30 PW Men's Power Half Hour! 3:00 IA Word Within a Word! 3:30 IA Country Store	**7** 10:00 PW Pre-Recorded Exercise! 10:30 IA Great Courses: Lecture Series 10:30 IA Saturday Scattergories! 11:00 PW Noodle Ball 1:30 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 2:00 MN Dance Demonstration! 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
8 9:30 SW Transportation to Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 10:30 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:15 PW Balloon Volleyball! 2:00 IA UNO! 3:00 PW Connect Four! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!	**9** 10:00 PW Huffin' for Stuffin'! 10:00 IA Shopping Out Trip to Eastbrook Mall Area 10:30 IA Wii Jeopardy 1:00 MN Matinee Showing of The Chosen 1:30 PW Cardio Drumming! 1:30 IA Eric the Plant Guy 2:00 EW Sing Along with Bonnie! 2:30 PW Colebrook Walking Club! 3:00 SW Setback! 4:00 SW Social Time 6:30 MN Movie Night!	**10** 10:00 PW Cardio Boxing! 10:30 IA Wordle! 11:00 IA Armchair Travel 11:00 IA Vivacious Voices! 1:00 PW Wii Bowling! 2:00 PW Tuesday Fun With Mike! 3:00 PW Cornhole 3:00 IA Great Course Lecture Series 4:00 SW Social Time 5:30 EW Pet Therapy Training 6:30 MN Movie Night!	**Veterans Day** **11** 9:30 PW Yoga! 11:00 EW Veterans Day Program 1:00 MN Veterans Day Concert featuring the Greater Hartford Society Ensemble! 2:00 EW Veterans Day Reception 3:00 SW Pick a Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	**12** 10:00 PW Rhythm Drumming! 10:30 SW Coffee, Tea and Chat! 1:00 IA Rummikub! 1:30 EW Guided Meditation! 2:00 IA Bridge 2:00 IA Diabetes Seminar with Kate from Enliven 2:30 PW Zumba 3:00 PW Balloon Volleyball 3:00 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night	**13** 10:00 PW Huffin' for Stuffin'! 10:00 IA Resident Shuttle to Ted's & CVS 10:30 SW Rosary 10:30 IA White Board Wheel of Fortune! 11:00 IA Vivacious Voices! 12:30 IA Out Trip to Hebron Library! 1:30 IA Genealogy with Cathy! 2:00 PW Line Dancing! 2:30 PW Men's Power Half Hour! 3:00 IA Word Within a Word! 3:30 IA Country Store	**14** 10:00 PW Pre-Recorded Exercise! 10:30 IA Great Courses: Lecture Series 10:30 IA Saturday Scattergories! 11:00 PW Noodle Ball 1:30 IA Jeopardy Live/Trivia! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
15 9:30 SW Transportation to Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 10:30 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:15 PW Balloon Volleyball! 2:00 IA UNO! 3:00 PW Cornhole! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!	**16** 10:00 PW Huffin' for Stuffin'! 10:00 IA Shopping Out Trip to Walmart/Aldi 10:30 IA Wii Jeopardy 1:00 MN Matinee Showing of The Chosen 1:30 PW Cardio Drumming! 1:30 SW Resident Council 2:00 SW Bible Study with Brien 2:00 EW Sing Along with Bonnie! 2:30 PW Colebrook Walking Club! 3:00 IA Left Right Center! 4:00 SW Social Time 6:30 MN Movie Night!	**17** 10:00 PW Cardio Boxing! 10:30 IA White Board Boggle! 11:00 IA Armchair Travel 11:00 IA Vivacious Voices! 1:00 PW Wii Bowling! 2:00 MN Concert with Al Raebuck! 3:15 PW Cornhole! 3:15 IA Great Course Lecture Series 4:00 SW Social Time 5:30 EW Pet Therapy Training 6:30 MN Movie Night!	**18** 10:00 PW Senior Stability Class! 10:30 IA Out Trip 10:30 IA UNO! 1:00 IA Creative Corner! 1:30 PW Seated Cardio with Music 2:00 IA Pictionary! 2:30 EW Scenic Drive 3:00 SW Pick a Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	**19** 10:00 PW Rhythm Drumming! 11:00 SW Church Service with Father Ron! 1:00 IA Yahtzee! 1:30 SW Words of Encouragement with Pastor Hayes 2:00 IA Bridge 2:15 PW Zumba 3:00 PW Balloon Volleyball! 3:00 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night	**20** 10:00 PW Huffin' for Stuffin'! 10:00 IA Resident Shuttle to Ted's & CVS 10:30 SW Rosary 10:30 IA White Board Wheel of Fortune! 11:00 IA Vivacious Voices! 12:30 IA Out Trip to Hebron Library! 1:00 IA Let's Learn Mahjong! 2:00 IA Library Crew! 2:00 PW Line Dancing! 2:30 PW Men's Power Half Hour! 3:00 IA Word Within a Word! 3:30 IA Country Store	**21** 10:00 PW Pre-Recorded Exercise! 10:30 IA Great Courses: Lecture Series 10:30 IA Saturday Scattergories! 11:00 PW Noodle Ball 1:30 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
22 9:30 SW Transportation to Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 10:30 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:15 PW Balloon Volleyball! 2:00 MN Concert with Tony Rarus! 3:15 IA UNO! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!	**23** 10:00 PW Huffin' for Stuffin'! 10:00 IA Shopping Out Trip to Dollar General 10:30 IA Wii Jeopardy 1:00 MN Matinee Showing of The Chosen 1:30 PW Cardio Drumming! 2:00 SW Bible Study with Brien 2:00 EW Sing Along with Bonnie! 2:30 PW Colebrook Walking Club! 3:00 SW Thanksgiving - Off to the Races! 4:00 SW Social Time 6:30 MN Movie Night!	**24** 10:00 PW Cardio Boxing! 10:30 IA Wordle! 11:00 IA Armchair Travel 11:00 IA Vivacious Voices! 1:00 PW Wii Bowling! 2:00 PW Tuesday Fun With Mike! 3:00 PW Cornhole 3:00 IA Great Course Lecture Series 4:00 SW Social Time 5:30 EW Pet Therapy Training 6:30 MN Movie Night!	**25** 10:00 PW Senior Stability Class! 10:30 IA Out Trip 10:30 IA UNO! 1:30 PW Seated Cardio with Music! 2:00 IA Taste and Travel India! 2:30 EW Scenic Drive 3:00 SW Pick a Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	**26** 	**27** 10:00 PW Huffin' for Stuffin'! 10:00 IA Resident Shuttle to Ted's & CVS 10:30 SW Rosary 10:30 IA White Board Wheel of Fortune! 11:00 IA Vivacious Voices! 12:30 IA Out Trip to Hebron Library! 1:00 IA Let's Learn Mahjong! 2:00 IA Library Crew! 2:00 PW Line Dancing! 2:30 PW Men's Power Half Hour! 3:00 IA Word Within a Word! 3:30 IA Country Store	**28** 10:00 PW Pre-Recorded Exercise! 10:30 IA Great Courses: Lecture Series 10:30 IA Saturday Scattergories! 11:00 PW Noodle Ball 1:30 IA Jeopardy Live/Trivia! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
29 9:30 SW Transportation to Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 10:30 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:15 PW Balloon Volleyball! 2:00 IA UNO! 3:00 PW Connect Four! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!	**30** 10:00 PW Huffin' for Stuffin'! 10:00 IA Shopping Out Trip to Walmart/Aldi 10:30 IA Wii Jeopardy 1:00 MN Matinee Showing of The Chosen 1:30 PW Cardio Drumming! 2:00 SW Bible Study with Brien 2:00 EW Sing Along with Bonnie! 2:30 PW Colebrook Walking Club! 3:00 IA Left Right Center! 4:00 SW Social Time 6:30 MN Movie Night!	**November Birthdays!** • Cathy N. 11/1 • Ruth W. 11/4 • Liz H. 11/10 • Sheila F. 11/10 • Judy D. 11/14 • Dee S. 11/15 • Dot C. 11/17 • Fran P. 11/25 • Eileen W. 11/30 Happy Birthday to You All!	**AHM Dancing With the Stars...Scot's Cheering Section, Cheering Him on to Victory!** 	**Field Day Fun at Elmbrook! We Enjoyed a Nice Day of Games With Our Neighbors!** 	**Spending Time With Miss CT After Her Concert & Checking Out Her Ring!** 	**Making a Meal for the Soup Kitchen!** 

Calendar of Events

November 2026



What a thrilling evening at RHAM High School as AHM put on a Dancing with the Stars Fundraiser. Scot was asked to participate in the event but missed an email alerting him to connect with a dance studio. Ever the good sport, he came in late to the game and with only two short weeks of rehearsal, a quick showcase at our talent show, he hit the stage and won the whole thing with his dance partner Kali Pomerenke from Mansfield Academy of Dance! We would like to take some of the credit as our Colebrook Cheering section took him right to the top! Congratulations to Scot and Kali on the win and to AHM on a successful fundraiser!



So hard to say goodbye, but after 8 years at Colebrook, Trish the Hairdresser retired. We bid her farewell at a wine and cheese social, giving us all a chance to say our goodbyes. Residents passed the mike to share their thanks for her service and to wish her well on her move and next chapter. Lucky for us, our salon doors never closed as PerSNIPity at Colebrook stepped right in with a quick salon refresh, a resident meet and greet and they got right to work! We would like to extend a warm welcome as we enjoy getting to know our new stylists Lisa and Stephanie!

Illustratus
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