

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AUGUST 2025 Cedarbrook Village AL/IL					1 10:00 Exercise w/Ron (LS) 10:30 Hangman (LS) 1:00 Giant Connect Four (LS) 2:00 Skee Ball (LS) 3:00 Room Visits 6:00 Feel Good Friday Movies : You Gotta Believe (T)	2 AD National Coloring Book Day 10:00 Exercise w/ Traci (LS) 10:30 🍷 Color & Sip Social 🍷 Celebrate National Coloring Book Day! (LS) 1:00 Crossword & Word Search Packets 2:00 🍦 Ice Cream Sandwich Social 🍦 Celebrate National Ice Cream Sandwich Day! (P) 3:00 🎵 Sounds of Summer (CY) 6:00 Resident Pick Movie (TH)
3 9:30 Morning Stretch w/Alicia (LS) 10:00 Catholic Mass on TV (TH) 10:30 Sunday Coffee & News Social (LS) 1:00 Armchair Travel: Egypt (T) 2:00 Prize Bingo (P) 3:00 Sweet and Bright Watermelon Cooler (P) 6:00 Stars & Stories Movie Sundays: Being the Racardos (T)	4 9:00 Exercise w/Tara (LS) 9:00 Shopping Trip 9:30 HIIT Class w/Tara (FC) 10:00 🐢 Off to the Races! (LS) 1:30 Crafty Corner: 🐢 Turtle Splash! 3D Marble Art Session (LS) 3:00 Cedarbrook Hold'em (P) 6:00 Musical Mondays: An American In Paris (T)	5 9:00 Exercise w/Tara (LS) 10:00 Exercise w/Tara (LS) 10:30 Baking Club (LS) 1:00 Underwater Archaeology: Mysteries of the Deep (T) 2:00 Quarter Bingo (P) 6:00 Time Travel Tuesdays: Peggy Sue Got Married (T)	6 9:00 Exercise w/Tara (LS) 9:30 HIIT Class w/Tara (FC) 10:00 Manicures w/ Steph (LS) 11:00 Johnny's Roadside Diner 2:30 A&W Root Beer Float Day (P) 6:00 Western Wednesdays: Seven Alone (T)	7 9:00 Exercise w/Tara (LS) 10:00 Catholic Mass w/ FR. Peter of Saint Mary's Parish. (C) 10:00 Exercise w/Tara (LS) 10:30 Pages of our Lives: Scrapbook Club (LS) 1:00 Resident Council Meeting (LS) 2:00 Quarter Bingo (P) 3:00 Happy Hour (P) 6:00 Throwback Thursday Movies: A Hole in the Head (T)	8 10:00 Exercise w/Ron (LS) 10:00 Men's Group with Ralph (P) 10:30 Pictionary (LS) 1:00 Lemonade on the Patio 2:00 🎯 Splash & Score Water Gun Game (CY) 3:00 Room Visits 6:00 Feel-Good Friday Movies: Storm Boy (P)	9 10:00 Exercise w/ Traci (LS) 10:30 National Bowling Day (LS) 1:00 Crossword & Word Search Packets 2:00 Caden on the Piano (P) 3:00 🎵 Sounds of Summer (CY) 6:00 Resident Pick Movie (TH)
10 9:30 Morning Stretch w/Alicia (LS) 10:00 Catholic Mass on TV (TH) 10:30 Sunday Coffee & News Social (LS) 2:00 Prize Bingo (P) 3:00 National S'mores Day (P) 6:00 Stars & Stories Movie Sundays: (T)	11 9:00 Exercise w/Tara (LS) 9:00 Shopping Trip 9:30 HIIT Class w/Tara (FC) 10:00 Darts Poker (LS) 1:00 Crafty Corner: Sunflower Welcome Wreath (LS) 2:00 Rosary w/ Lynda (C) 3:00 Cedarbrook Hold'em (P) 6:00 Musical Mondays: The Wizard of Oz (T)	12 9:00 Exercise w/Tara (LS) 10:00 Exercise w/Tara (LS) 10:00 Underwater Archaeology: Pirates & Viking Ships (T) 10:30 Baking Club (LS) 2:00 Quarter Bingo (P) 3:00 Sip & Chill A Popsicle & Wine Social (P) 6:00 Time Travel Tuesdays: Back to the Future (T)	13 9:00 Exercise w/Tara (LS) 9:30 HIIT Class w/Tara (FC) 11:30 Picnic at Westville Park 1:00 Knotty Knitters (LS) 1:30 Manicures w/ Steph (LS) 6:00 Western Wednesdays: High Noon (T)	14 9:00 Exercise w/Tara (LS) 10:00 Exercise w/Tara (LS) 10:30 Quarter Bingo (P) 2:00 Stephan George (P) 3:00 Happy Hour (P) 6:00 Throwback Thursday Movies: Mystic Pizza (T)	15 10:00 Exercise w/Ron (LS) 10:30 Shut the Box Game (LS) 1:00 Conversations on the Patio (PA) 2:00 Peanut Butter Pong (P) 3:00 Room Visits 6:00 Feel-Good Friday Movies: Burn Your Maps (P)	16 10:00 Exercise w/ Traci (LS) 10:30 Courtyard Walks 1:00 Crossword & Word Search Packets 2:00 Billard's (P) 3:00 🎵 Sounds of Summer (CY) 6:00 Resident Pick Movie (TH)
17 9:30 Morning Stretch w/Alicia (LS) 10:00 Catholic Mass on TV (TH) 10:30 Sunday Coffee & News Social (LS) 1:00 Armchair Travel: Notorious London: A City Tour (T) 1:00 Protestant Worship Service with Pastor Katie (C) 2:00 Prize Bingo (P) 6:00 Stars & Stories Movie Sundays: The Mystery of Marilyn Monroe (T)	18 9:00 Exercise w/Tara (LS) 9:00 Shopping Trip 9:30 HIIT Class w/Tara (FC) 10:00 Art w/ Amy (P) 2:00 Quarter Bingo (P) 3:00 Cedarbrook Hold'em (P) 6:00 Musical Mondays: Judy (T)	19 9:00 Exercise w/Tara (LS) 10:00 Exercise w/Tara (LS) 10:30 Baking Club (LS) 1:00 Lost Art: The Stories of Missing Masterpieces (T) 2:00 Music w/ Memory Lane (P) 3:00 World Photo Day: Photography Fun Day with props and backdrops (P) 6:00 Time Travel Tuesdays: Somewhere in Time (T)	20 9:00 Exercise w/Tara (LS) 9:30 HIIT Class w/Tara (FC) 10:30 Chef Demo (LS) 1:00 Flayvors of Cook Farm 3:00 Manicures w/ Steph (LS) 6:00 Western Wednesdays: The Magnificent Seven (T)	21 9:00 Exercise w/Tara (LS) 10:00 Exercise w/Tara (LS) 10:30 Trivia & History Hour for World Senior Citizen's Day (LS) 2:00 Quarter Bingo (P) 3:00 Happy Hour (P) 6:00 Throwback Thursday Movies: Tomorrow is Forever (T)	22 10:00 Exercise w/Ron (LS) 10:30 Uno (P) 2:00 🎤 Karaoke with Sabrina! (P) 3:00 Room Visits 6:00 Feel-Good Friday Movies: Miracles from Heaven (P)	23 10:00 Exercise w/ Traci (LS) 10:30 Courtyard Walks 1:00 Crossword & Word Search Packets 2:00 Billard's (P) 3:00 🎵 Sounds of Summer (CY) 6:00 Resident Pick Movie (TH)
24 9:30 Morning Stretch w/Alicia (LS) 10:00 Catholic Mass on TV (TH) 10:30 Armchair Travel: The Cathedral (T) 10:30 Sunday Coffee & News Social (LS) 2:00 Prize Bingo (P) 6:00 Stars & Stories Movie Sundays: Diana: Her True Story (T)	25 9:00 Exercise w/Tara (LS) 9:00 Shopping Trip 9:30 HIIT Class w/Tara (FC) 10:30 Crafty Corner: Water Gun Painting (LS) 1:00 Banana Split Day (P) 2:00 Quarter Bingo (P) 3:00 Cedarbrook Hold'em (P) 6:00 Musical Mondays: The Prom (T)	26 9:00 Exercise w/Tara (LS) 10:00 Exercise w/Tara (LS) 10:30 Baking Club (LS) 1:00 Bob Krist's Off the Beaten Path (T) 2:00 Sara the Fiddler 6:00 Time Travel Tuesdays: The Time Capsule (T)	27 9:00 Exercise w/Tara (LS) 9:30 HIIT Class w/Tara (FC) 10:00 Manicures w/ Steph (LS) 1:00 Knotty Knitters (LS) 1:30 Worthington Vineyards & Winery 6:00 Western Wednesdays: Outlaw Women (T)	28 9:00 Exercise w/Tara (LS) 10:00 Exercise w/Tara (LS) 10:30 🚗 Walker & Wheelchair Car Wash! 2:00 Quarter Bingo (P) 3:00 Happy Hour Birthday Bash (P) 6:00 Throwback Thursday Movies: My Foolish Heart (T)	29 10:00 Exercise w/Ron (LS) 10:00 Men's Group with Ralph (P) 1:00 Card Games: Quibble (P) 2:00 Corn Hole (P) 3:00 Room Visits 6:00 Feel-Good Friday Movies: True Spirit (P)	30 10:00 Exercise w/ Traci (LS) 10:30 Courtyard Walks 1:00 Crossword & Word Search Packets 2:00 Billard's (P) 3:00 🎵 Sounds of Summer (CY) 6:00 Resident Pick Movie (TH)
31 9:30 Morning Stretch w/Alicia (LS) 10:00 Catholic Mass on TV (TH) 10:30 Sunday Coffee & News Social (LS) 1:00 The Great Tours: African Safari (T) 2:00 Prize Bingo (P) 6:00 Stars & Stories Movie Sundays: A Woman Named Jackie (T)	You don't stop having fun when you get older... you get older when you stop having fun. So come join the party—we saved you a seat!					



ACTIVITY TYPES

Community Involvement

Emotional

Entertainment

Intellectual

Outing

Physical

Purposeful

Social

Spiritual

LOCATIONS

LS = Lucy Stone Activity Room

P = Pub

T = Theater

C = Chapel

L = Library

CY = Courtyard

FC = Fitness Center

HAPPY BIRTHDAY!

Dora M. – 1st

Anne D. – 6th

Myra H. – 8th

Randall "Randy" W. – 9th

Claire C. – 10th

Carolyn S. – 12th

Valerie "Val" B. – 14th

Camille "Cam" K. – 19th

Pauline D. – 20th

Walter K. – 27th

Shirley R. – 29th