


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p><b>Calendar is Subjected to Change. Always check the daily's</b></p> <p><b>*Red Sox Games will be on in Pub!</b></p>							
<p>9:30am Morning Stretch w/Alicia 10:00am Catholic Mass on TV (T) 10:00am Coffee &amp; Tunes 11:00am Standing Exercise w/ Alicia 1:00pm Funniest Home Videos 2:00pm Prize Bingo (P) 3:00pm Card Games (P) 6:00pm Comedy Night Movie (T)</p>	<p>9:00am Shopping Trip 9:00am Group Exercise class w/ Tara 9:30am Advance HIIT Class (FC) 10:00am Wheel of Fortune (T) 1:00pm Crafty Crafters 2:00pm Make your own Smoothie Social 3:00pm Cedarbrook Hold'em (P) 6:00pm Romance Movie Night (T)</p>	<p>9:00am Group Exercise Class w/ Tara 10:00am Group Exercise Class w/ Tara 10:30am Baking Club 1:00pm The Great Courses (T) <b>2:00pm Bingo w/ Louis &amp; Clark</b> 3:00pm Nerf Can Target Practice 6:00pm Men's Movie Night (Beer, Popcorn and John Wayne)</p>	<p>9:00am Group Exercise class w/ Tara 9:30am Advance HIIT Class (FC) 10:00am Manicures 1:00pm Blood Pressure Clinic <b>1:30 Music w/ Alex</b> <b>2:30pm Caricature w/ Alex</b> 6:00pm Documentary Night (T)</p>	<p>9:00am Group Exercise Class w/ Tara 10:00am Group Exercise Class w/ Tara 10:30am Name that Price 1:00pm Mini Golf Tournament 2:00pm Quarter Bingo (P) 3:00pm Happy Hour (P) 6:00pm Theatrical Thursday (T)</p>	<p>9:30am Advanced Standing HIIT (FC) 10:00am Group Exercise w/ Ron 10:30am Bean Bag Toss 1:00pm Nutritious Nibbles w/ Tara 2:30pm Chair Chi w/ Tara 3:00pm Kings in the corner 6:00pm Action Movie Night</p>	<p>9:00am Indoor Walking Club 10:00am Exercise w/Traci 1:00pm Guided Meditation (T) 2:00pm Resident Led Games 3:00pm Word Puzzles 6:00pm Resident Pick Movie</p>	
<p>9:30am Morning Stretch w/Alicia 10:00am Catholic Mass on TV (T) 10:00am Coffee &amp; Tunes 11:00am Standing Exercise w/ Alicia <b>1:00pm Protestant Worship Service with Pastor Katie (C)</b> 2:00pm Prize Bingo (P) 3:00pm Scrabble (P) 6:00pm Comedy Night Movie (T) Palm Sunday</p>	<p>9:00am Shopping Trip 9:00am Group Exercise class w/ Tara 9:30am Advance HIIT Class (FC) 10:00am Friendly Feud (T) 1:00pm Crafty Crafters <b>2:00 Performance by Dave Colucci</b> 3:00pm Cedarbrook Hold'em (P) 6:00pm Romance Movie Night (T)</p>	<p>9:00am Group Exercise Class w/ Tara 10:00am Group Exercise Class w/ Tara 10:30am Baking Club 1:30pm Chair Dancing w/Ronda 2:00pm Quarter Bingo 3:00pm Shut the box 6:00pm Movie Matinee (T)</p>	<p>9:00am Group Exercise class w/ Tara 9:30am Advance HIIT Class (FC) 10:00am No Strings Attached Game <b>10:30 Chef Demo</b> <b>11:00am Outing: Cracker Barrel</b> 1:00pm Knotty Knitters Meet 1:00pm Manicures 2:30pm Men's Handman Hour 3:30pm Neighborhood Walk w/ Tara 6:00pm Documentary Night (T)</p>	<p>9:00am Group Exercise Class w/ Tara 10:00am Group Exercise Class w/ Tara 10:30am Jeopardy (T) 1:00pm Dice Game: Egg Exchange 2:00pm Quarter Bingo (P) 3:00pm Happy Hour (P) 6:00pm Theatrical Thursday (T)</p>	<p>9:30am Advanced Standing HIIT (FC) 10:00am Group Exercise w/ Ron 10:30am Billard's <b>1:00pm Paining Class w/ Amy</b> 2:30pm Improve your Balance w/ Tara 3:00pm Bunny Themed Games 6:00pm Action Movie Night</p>	<p>9:00am Indoor Walking Club 10:00am Exercise w/Traci <b>11:00am Catholic Rosary &amp; Prayer w/ Maureen (C)</b> 1:00pm Resident Led Games <b>2:00pm Caden on the Piano</b> 3:00pm Word Puzzles 6:00pm Resident Pick Movie</p>	
<p><b>Happy Easter!</b> 1:00pm Pictures with the Eater Bunny 2:00pm Easter Egg Hunt for all 3:00pm Easter Happy Hour Social Easter Sunday</p>	<p>9:00am Shopping Trip 9:00am Group Exercise class w/ Tara 9:30am Advance HIIT Class (FC) 10:00am Relaxing Art coloring Pages 1:00pm Armchair Travel w/ Rick Steves Rome 2:00pm Quibble Card Game 3:00pm Cedarbrook Hold'em (P) 6:00pm Romance Movie Night (T)</p>	<p>9:00am Group Exercise Class w/ Tara 10:00am Group Exercise Class w/ Tara 10:30am Quarter Bingo 1:00pm The Great Courses (T) <b>2:00pm Memory Lane</b> 6:00pm Movie Matinee (T) Earth Day</p>	<p>9:00am Group Exercise class w/ Tara 9:30am Advance HIIT Class (FC) 10:00am Learn to play Chess 1:00pm Manicures 2:30pm Scattergories 6:00pm Documentary Night (T) Administrative Professionals Day</p>	<p>9:00am Group Exercise Class w/ Tara 10:00am Group Exercise Class w/ Tara 10:00am Quarter Bingo 1:30pm Red sox vs SEA (P) <b>2:00pm Ben &amp; Ed Musical Performance (P)</b> 6:00pm Theatrical Thursday (T)</p>	<p>9:30am Advanced Standing HIIT (FC) 10:00am Group Exercise w/ Ron 10:30am Hangman 1:00pm Crafty Crafters 2:00pm Karaoke w/ Sabrina 3:00pm Happy Birthday Happy Hour (P) 6:00pm Action Movie Night Arbor Day</p>	<p>9:00am Indoor Walking Club 10:00am Exercise w/Traci <b>11:00am Catholic Rosary &amp; Prayer w/ Maureen (C)</b> 1:00pm Guided Meditation (T) 2:00pm Resident Led Games 3:00pm Word Puzzles 6:00pm Resident Pick Movie</p>	
<p>9:30am Morning Stretch w/Alicia 10:00am Catholic Mass on TV (T) 10:00am Coffee &amp; Tunes 11:00am Standing Exercise w/ Alicia 1:00pm Funniest Home Videos 2:00pm Prize Bingo (P) 3:00pm Card Games (P) 6:00pm Comedy Night Movie (T)</p>	<p>9:00am Shopping Trip 9:00am Group Exercise class w/ Tara 9:30am Advance HIIT Class (FC) 10:00am Quess the Sound 1:00pm Crafty Crafters 2:00pm Pretzel Social 3:00pm Cedarbrook Hold'em (P) 6:00pm Romance Movie Night (T)</p>	<p>9:00am Group Exercise Class w/ Tara 10:00am Group Exercise Class w/ Tara 10:30am Baking Club 1:00pm The Great Courses (T) 2:00pm Quarter Bingo 3:00pm Off to the Races 6:00pm Movie Matinee (T)</p>	<p>9:00am Group Exercise class w/ Tara 9:30am Advance HIIT Class (FC) 10:00am Minute to win it 1:00pm Manicures 2:30pm Whack a mole (live addition) 6:00pm Documentary Night (T)</p>	 <p><b>April 2025</b> Traditional</p>			