

# Colebrook ~ Village at Hebron

55 John E Horton Blvd. • Hebron, CT 06248 • (860) 801-1114

April 2025



We really enjoyed Fat Tuesday/Mardi Gras! Paczki, King Cake, Hurricanes and Music! So fun ... but we are ready to have some time of fasting!









Glad we got our party on before we started the Popular Diet and You Series with Maryla! The 5lb fat belt worn by Tammy was enough to get us to think twice before we indulge! Moderation is key!



Elizabeth Park Greenhouse is in full bloom! So nice to see the Spring Flowers, assuring us it is right around the corner!



| Sunday  | Monday  | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday   |
|---|---|---|--|--|---|--|
| <b>April Birthdays!</b><br><ul style="list-style-type: none"> <li>Guy 4/3</li> <li>Eileen D. 4/4</li> <li>Laura W. 4/13</li> <li>Jeff 4/13</li> <li>Velva 4/14</li> <li>Jim A. 4/16</li> </ul> <b>Happy Birthday to You All!</b>  |  <p>APRIL IS<br/><b>PARKINSON'S AWARENESS MONTH</b></p>  | <b>On Site Dermatology Day</b><br>9:00 <span style="color: purple;">PW</span> Blood Pressure Clinic!<br>10:00 <span style="color: purple;">PW</span> Don't Fall Class!<br>10:30 <span style="color: blue;">IA</span> IeldroW<br>1:00 <span style="color: purple;">PW</span> Toss Balls Down on a Lane<br>1:15 <span style="color: purple;">PW</span> Heart Pounding Slither with Mike!<br>2:00 <span style="color: blue;">IA</span> Overpass<br>3:00 <span style="color: blue;">IA</span> Chuck a Bag in a Crater!<br>3:00 <span style="color: blue;">IA</span> Learn From TV<br>4:00 <span style="color: green;">SW</span> Drink in Silence!<br>5:45 <span style="color: orange;">EW</span> Human Training with Dogs!<br>6:30 <span style="color: blue;">MN</span> Watch Overpaid Stars! | <b>On Site Dermatology Day</b><br>10:00 <span style="color: purple;">PW</span> Pool Noodle Workout!<br>10:30 <span style="color: blue;">IA</span> Out Trip<br>10:30 <span style="color: orange;">EW</span> Parkinson's Group<br>10:30 <span style="color: blue;">IA</span> UNO!<br>12:45 <span style="color: orange;">EW</span> Guided Meditation!<br>1:30 <span style="color: purple;">PW</span> Seated Cardio with Music!<br>2:00 <span style="color: blue;">IA</span> Creative Corner<br>2:30 <span style="color: orange;">EW</span> Scenic Drive<br>3:00 <span style="color: green;">SW</span> Pick a Prize Bingo<br>4:00 <span style="color: green;">SW</span> Social Time<br>6:30 <span style="color: blue;">MN</span> Movie Night | 10:00 <span style="color: purple;">PW</span> Senior Stability Class!<br>10:30 <span style="color: green;">SW</span> Coffee, Tea and Chat!<br>1:00 <span style="color: blue;">IA</span> Floral Arranging<br>2:00 <span style="color: blue;">IA</span> Bridge<br>2:15 <span style="color: purple;">PW</span> Zumba<br>3:00 <span style="color: purple;">PW</span> Balloon Volleyball<br>3:00 <span style="color: blue;">IA</span> Great Course Lecture Series<br>3:00 <span style="color: orange;">EW</span> Grief Support Group<br>4:00 <span style="color: green;">SW</span> Social Time<br>6:30 <span style="color: blue;">MN</span> Movie Night                              | 9:30 <span style="color: green;">SW</span> St. Peter's Episcopal Pre-Recorded Service<br>10:00 <span style="color: purple;">PW</span> Pool Noodle Workout!<br>10:00 <span style="color: blue;">IA</span> Resident Shuttle to Ted's & CVS<br>10:30 <span style="color: blue;">IA</span> White Board Wheel of Fortune!<br>11:00 <span style="color: green;">SW</span> Rosary<br>1:00 <span style="color: blue;">IA</span> Music Appreciation<br>2:00 <span style="color: green;">SW</span> Karaoke Friday!<br>2:00 <span style="color: blue;">IA</span> Short Story Crew!<br>3:00 <span style="color: blue;">IA</span> Out Trip to Hebron Library!<br>3:00 <span style="color: blue;">IA</span> Word Within A Word!<br>3:30 <span style="color: blue;">IA</span> Country Store<br>6:00 <span style="color: green;">SW</span> SPRING FLING!                            | 9:30 <span style="color: blue;">IA</span> Team Sudoku!<br>10:30 <span style="color: blue;">IA</span> Great Courses: Lecture Series<br>11:00 <span style="color: purple;">PW</span> Yoga!<br>1:15 <span style="color: blue;">IA</span> Name That Tune Jeopardy!<br>1:45 <span style="color: blue;">MN</span> Movie Matinee<br>3:00 <span style="color: green;">SW</span> DOLLAR BINGO<br>4:00 <span style="color: green;">SW</span> Soda Saturday Social!<br>6:30 <span style="color: blue;">MN</span> Movie Night!   |
| 9:15 <span style="color: green;">SW</span> Transportation to Local Churches<br>10:00 <span style="color: green;">SW</span> Televised Catholic Mass<br>10:30 <span style="color: green;">SW</span> Second Cup Sunday!<br>11:00 <span style="color: blue;">IA</span> Wii Bowling!<br>1:00 <span style="color: blue;">MN</span> Sunday at the Opera<br>1:30 <span style="color: purple;">PW</span> Cardio Drumming!<br>2:15 <span style="color: blue;">IA</span> Balloon Volleyball!<br>3:00 <span style="color: blue;">IA</span> UNO!<br>4:00 <span style="color: blue;">IA</span> Res-Led Rummikub, Cards, Games!<br>6:30 <span style="color: blue;">MN</span> Movie Night!  | <b>Parkinson's Fundraiser!</b><br>9:30 <span style="color: blue;">IA</span> Parkinson's Coffee Cake Fundraiser!<br>9:30 <span style="color: blue;">IA</span> Team Sudoku!<br>10:00 <span style="color: purple;">PW</span> Pot Pool Noodle Workout!<br>10:00 <span style="color: blue;">IA</span> Shopping Out Trip to Walmart/Aldi<br>10:30 <span style="color: blue;">IA</span> Wii Jeopardy<br>11:00 <span style="color: blue;">IA</span> Armchair Travel<br>12:30 <span style="color: orange;">EW</span> Nail Care! by Appt!<br>1:00 <span style="color: blue;">MN</span> Matinee Showing of Musical Monday!<br>2:00 <span style="color: green;">SW</span> Bible Study<br>3:00 <span style="color: green;">SW</span> Off To The Races!<br>4:00 <span style="color: green;">SW</span> Social Time<br>6:30 <span style="color: blue;">MN</span> Movie Night! | 10:00 <span style="color: purple;">PW</span> Senior Stability Class!<br>10:30 <span style="color: blue;">IA</span> Cards with Gayle!<br>10:30 <span style="color: blue;">IA</span> Wordle!<br>1:00 <span style="color: purple;">PW</span> Wii Bowling!<br>1:15 <span style="color: purple;">PW</span> Cardio Slide!<br>2:00 <span style="color: blue;">IA</span> Bridge<br>3:00 <span style="color: purple;">PW</span> Corn Hole!<br>3:00 <span style="color: blue;">IA</span> Great Course Lecture Series<br>4:00 <span style="color: green;">SW</span> Social Time<br>5:45 <span style="color: orange;">EW</span> Pet Therapy Training<br>6:30 <span style="color: blue;">MN</span> Movie Night!  | <b>On Site Dermatology Day</b><br>10:00 <span style="color: purple;">PW</span> Pool Noodle Workout!<br>10:30 <span style="color: blue;">IA</span> Out Trip<br>10:30 <span style="color: blue;">IA</span> UNO!<br>12:45 <span style="color: orange;">EW</span> Guided Meditation!<br>1:30 <span style="color: orange;">EW</span> Seated Cardio with Music<br>2:30 <span style="color: orange;">EW</span> Scenic Drive<br>3:00 <span style="color: green;">SW</span> Pick a Prize Bingo<br>4:00 <span style="color: green;">SW</span> Social Time<br>6:30 <span style="color: blue;">MN</span> Movie Night   | 10:00 <span style="color: purple;">PW</span> Senior Stability Class!<br>10:30 <span style="color: blue;">IA</span> Finish That Line!<br>11:00 <span style="color: green;">SW</span> Catholic Mass with Fr Mike<br>1:00 <span style="color: blue;">IA</span> Taste of Turkey!<br>2:00 <span style="color: blue;">IA</span> Bridge<br>2:15 <span style="color: purple;">PW</span> Zumba<br>3:00 <span style="color: purple;">PW</span> Balloon Volleyball!<br>3:00 <span style="color: blue;">IA</span> Great Course Lecture Series<br>4:00 <span style="color: green;">SW</span> Social Time<br>6:30 <span style="color: blue;">MN</span> Movie Night                           | <b>On Site Dental Day</b><br>9:30 <span style="color: green;">SW</span> St. Peter's Episcopal Pre-Recorded Service<br>10:00 <span style="color: purple;">PW</span> Pool Noodle Workout!<br>10:00 <span style="color: blue;">IA</span> Resident Shuttle to Ted's & CVS<br>10:30 <span style="color: blue;">IA</span> White Board Wheel of Fortune!<br>11:00 <span style="color: green;">SW</span> Rosary<br>1:00 <span style="color: blue;">IA</span> Music Appreciation<br>2:00 <span style="color: green;">SW</span> Karaoke Friday!<br>2:00 <span style="color: blue;">IA</span> Short Story Crew!<br>3:00 <span style="color: blue;">IA</span> Out Trip to Hebron Library!<br>3:00 <span style="color: blue;">IA</span> Word Within A Word!<br>3:30 <span style="color: blue;">IA</span> Country Store<br>4:00 <span style="color: green;">SW</span> Social Time |  9:30 <span style="color: blue;">IA</span> Team Sudoku!<br>10:30 <span style="color: blue;">IA</span> Great Courses: Lecture Series<br>11:00 <span style="color: purple;">PW</span> Yoga!<br>1:15 <span style="color: blue;">IA</span> Name That Tune Jeopardy!<br>1:45 <span style="color: blue;">MN</span> Movie Matinee<br>3:00 <span style="color: green;">SW</span> DOLLAR BINGO<br>4:00 <span style="color: green;">SW</span> Soda Saturday Social!<br>6:30 <span style="color: blue;">MN</span> Movie Night! |
| 9:15 <span style="color: green;">SW</span> Transportation to Local Churches<br>10:00 <span style="color: green;">SW</span> Televised Catholic Mass<br>10:30 <span style="color: green;">SW</span> Second Cup Sunday!<br>11:00 <span style="color: blue;">IA</span> Wii Bowling!<br>1:00 <span style="color: blue;">MN</span> Sunday at the Opera<br>1:15 <span style="color: blue;">MN</span> Tony Rarus Concert!<br>2:15 <span style="color: blue;">IA</span> Balloon Volleyball!<br>3:00 <span style="color: blue;">IA</span> UNO!<br>4:00 <span style="color: blue;">IA</span> Res-Led Rummikub, Cards, Games!<br>6:30 <span style="color: blue;">MN</span> Movie Night!   | 9:30 <span style="color: blue;">IA</span> Team Sudoku!<br>10:00 <span style="color: purple;">PW</span> Pot Pool Noodle Workout!<br>10:00 <span style="color: blue;">IA</span> Shopping Out Trip to Dollar General<br>10:30 <span style="color: blue;">IA</span> Wii Jeopardy<br>11:00 <span style="color: blue;">IA</span> Armchair Travel<br>1:00 <span style="color: blue;">MN</span> Matinee Showing of Musical Monday!<br>1:30 <span style="color: blue;">IA</span> Eric The Plant Guy<br>2:00 <span style="color: green;">SW</span> Bible Study<br>4:00 <span style="color: green;">SW</span> Social Time<br>6:30 <span style="color: blue;">MN</span> Movie Night!  | 10:00 <span style="color: purple;">PW</span> Senior Stability Class!<br>10:30 <span style="color: blue;">IA</span> Wordle!<br>1:00 <span style="color: purple;">PW</span> Wii Bowling!<br>1:15 <span style="color: purple;">PW</span> Cardio Slide!<br>2:00 <span style="color: blue;">IA</span> Bridge<br>2:00 <span style="color: blue;">IA</span> Genealogy with Cathy!<br>3:00 <span style="color: blue;">IA</span> Corn Hole<br>3:00 <span style="color: blue;">IA</span> Great Course Lecture Series<br>4:00 <span style="color: green;">SW</span> Social Time<br>5:45 <span style="color: orange;">EW</span> Pet Therapy Training<br>6:30 <span style="color: blue;">MN</span> Movie Night!  | 9:00 <span style="color: blue;">IA</span> Out Trip to Foxwoods BINGO!<br>10:00 <span style="color: purple;">PW</span> Pool Noodle Workout!<br>10:30 <span style="color: blue;">IA</span> UNO!<br>12:45 <span style="color: orange;">EW</span> Guided Meditation!<br>1:30 <span style="color: purple;">PW</span> Seated Cardio with Music!<br>3:00 <span style="color: green;">SW</span> Pick a Prize Bingo<br>4:00 <span style="color: green;">SW</span> Social Time<br>6:30 <span style="color: blue;">MN</span> Movie Night  | 10:00 <span style="color: purple;">PW</span> Senior Stability Class!<br>10:30 <span style="color: green;">SW</span> Coffee, Tea and Chat!<br>2:00 <span style="color: blue;">IA</span> Bridge<br>2:15 <span style="color: purple;">PW</span> Zumba<br>3:00 <span style="color: purple;">PW</span> Balloon Volleyball<br>3:00 <span style="color: blue;">IA</span> Great Course Lecture Series<br>4:00 <span style="color: green;">SW</span> Social Time<br>6:30 <span style="color: blue;">MN</span> Movie Night   | 9:30 <span style="color: green;">SW</span> St. Peter's Episcopal Pre-Recorded Service<br>10:00 <span style="color: purple;">PW</span> Pool Noodle Workout!<br>10:00 <span style="color: blue;">IA</span> Resident Shuttle to Ted's & CVS<br>10:30 <span style="color: blue;">IA</span> White Board Wheel of Fortune!<br>11:00 <span style="color: green;">SW</span> Rosary<br>1:00 <span style="color: blue;">IA</span> Music Appreciation<br>2:00 <span style="color: green;">SW</span> Karaoke Friday!<br>2:00 <span style="color: blue;">IA</span> Short Story Crew!<br>3:00 <span style="color: blue;">IA</span> Out Trip to Hebron Library!<br>3:00 <span style="color: blue;">IA</span> Word Within A Word!<br>3:30 <span style="color: blue;">IA</span> Country Store<br>4:00 <span style="color: green;">SW</span> Social Time                              | 9:30 <span style="color: blue;">IA</span> Team Sudoku!<br>10:30 <span style="color: blue;">IA</span> Great Courses: Lecture Series<br>11:00 <span style="color: purple;">PW</span> Yoga!<br>1:15 <span style="color: blue;">IA</span> Name That Tune Jeopardy!<br>1:45 <span style="color: blue;">MN</span> Movie Matinee<br>3:00 <span style="color: green;">SW</span> DOLLAR BINGO<br>4:00 <span style="color: green;">SW</span> Soda Saturday Social!<br>6:30 <span style="color: blue;">MN</span> Movie Night!   |
|  9:15 <span style="color: green;">SW</span> Transportation to Local Churches<br>10:00 <span style="color: green;">SW</span> Televised Catholic Mass<br>10:30 <span style="color: green;">SW</span> Second Cup Sunday!<br>11:00 <span style="color: blue;">IA</span> Wii Bowling!<br>1:00 <span style="color: blue;">MN</span> Sunday at the Opera<br>1:30 <span style="color: purple;">PW</span> Cardio Drumming!<br>2:15 <span style="color: blue;">IA</span> Balloon Volleyball!<br>3:00 <span style="color: blue;">IA</span> UNO!<br>4:00 <span style="color: blue;">IA</span> Res-Led Rummikub, Cards, Games!<br>6:30 <span style="color: blue;">MN</span> Movie Night! | 9:30 <span style="color: blue;">IA</span> Team Sudoku!<br>10:00 <span style="color: purple;">PW</span> Pot Pool Noodle Workout!<br>10:00 <span style="color: blue;">IA</span> Shopping Out Trip to Eastbrook Mall Area<br>10:30 <span style="color: blue;">IA</span> Wii Jeopardy<br>11:00 <span style="color: blue;">IA</span> Armchair Travel<br>1:00 <span style="color: blue;">MN</span> Matinee Showing of Musical Monday!<br>1:30 <span style="color: green;">SW</span> Resident Council<br>2:00 <span style="color: green;">SW</span> Bible Study<br>3:00 <span style="color: green;">SW</span> Off To The Races!<br>4:00 <span style="color: green;">SW</span> Social Time<br>6:30 <span style="color: blue;">MN</span> Movie Night!  | 10:00 <span style="color: purple;">PW</span> Senior Stability Class!<br>10:30 <span style="color: blue;">IA</span> Wordle!<br>1:00 <span style="color: purple;">PW</span> Wii Bowling!<br>1:15 <span style="color: purple;">PW</span> Cardio Slide!<br>2:00 <span style="color: blue;">IA</span> Bridge<br>2:00 <span style="color: blue;">IA</span> Parkinson's Seminar with Enliven<br>3:00 <span style="color: purple;">PW</span> Corn Hole!<br>3:00 <span style="color: blue;">IA</span> Great Course Lecture Series<br>4:00 <span style="color: green;">SW</span> Social Time<br>5:45 <span style="color: orange;">EW</span> Pet Therapy Training<br>6:30 <span style="color: blue;">MN</span> Movie Night!  | 10:00 <span style="color: purple;">PW</span> Pool Noodle Workout!<br>10:30 <span style="color: blue;">IA</span> Out Trip<br>10:30 <span style="color: blue;">IA</span> UNO!<br>12:45 <span style="color: orange;">EW</span> Guided Meditation!<br>1:30 <span style="color: orange;">EW</span> Seated Cardio with Music<br>2:30 <span style="color: orange;">EW</span> Scenic Drive<br>3:00 <span style="color: green;">SW</span> Pick a Prize Bingo<br>4:00 <span style="color: green;">SW</span> Social Time<br>6:30 <span style="color: blue;">MN</span> Movie Night   | 10:00 <span style="color: purple;">PW</span> Senior Stability Class!<br>10:30 <span style="color: green;">SW</span> Coffee, Tea and Chat!<br>11:00 <span style="color: green;">SW</span> Service with Father Ron<br>2:00 <span style="color: blue;">IA</span> Bridge<br>2:15 <span style="color: purple;">PW</span> Zumba<br>3:00 <span style="color: purple;">PW</span> Balloon Volleyball!<br>3:00 <span style="color: blue;">IA</span> Great Course Lecture Series<br>4:00 <span style="color: green;">SW</span> Social Time<br>6:30 <span style="color: blue;">MN</span> Movie Night   | 9:30 <span style="color: green;">SW</span> St. Peter's Episcopal Pre-Recorded Service<br>10:00 <span style="color: purple;">PW</span> Pool Noodle Workout!<br>10:00 <span style="color: blue;">IA</span> Resident Shuttle to Ted's & CVS<br>10:30 <span style="color: blue;">IA</span> White Board Wheel of Fortune!<br>11:00 <span style="color: green;">SW</span> Rosary<br>1:00 <span style="color: blue;">IA</span> Music Appreciation<br>2:00 <span style="color: green;">SW</span> Karaoke Friday!<br>2:00 <span style="color: blue;">IA</span> Short Story Crew!<br>3:00 <span style="color: blue;">IA</span> Out Trip to Hebron Library!<br>3:00 <span style="color: blue;">IA</span> Word Within A Word!<br>3:30 <span style="color: blue;">IA</span> Country Store<br>4:00 <span style="color: green;">SW</span> Social Time                              | 9:30 <span style="color: blue;">IA</span> Team Sudoku!<br>10:30 <span style="color: blue;">IA</span> Great Courses: Lecture Series<br>11:00 <span style="color: purple;">PW</span> Yoga!<br>1:15 <span style="color: blue;">IA</span> Name That Tune Jeopardy!<br>1:45 <span style="color: blue;">MN</span> Movie Matinee<br>3:00 <span style="color: green;">SW</span> DOLLAR BINGO<br>4:00 <span style="color: green;">SW</span> Soda Saturday Social!<br>6:30 <span style="color: blue;">MN</span> Movie Night!   |
| 9:15 <span style="color: green;">SW</span> Transportation to Local Churches<br>10:00 <span style="color: green;">SW</span> Televised Catholic Mass<br>10:30 <span style="color: green;">SW</span> Second Cup Sunday!<br>11:00 <span style="color: blue;">IA</span> Wii Bowling!<br>1:00 <span style="color: blue;">MN</span> Sunday at the Opera<br>1:30 <span style="color: purple;">PW</span> Cardio Drumming!<br>2:15 <span style="color: blue;">IA</span> Balloon Volleyball!<br>3:00 <span style="color: blue;">IA</span> UNO!<br>4:00 <span style="color: blue;">IA</span> Res-Led Rummikub, Cards, Games!<br>6:30 <span style="color: blue;">MN</span> Movie Night!  | 9:30 <span style="color: blue;">IA</span> Team Sudoku!<br>10:00 <span style="color: purple;">PW</span> Pot Pool Noodle Workout!<br>10:00 <span style="color: blue;">IA</span> Shopping Out Trip to Ocean State Job Lot<br>10:30 <span style="color: blue;">IA</span> Wii Jeopardy<br>11:00 <span style="color: blue;">IA</span> Armchair Travel<br>1:00 <span style="color: blue;">MN</span> Matinee Showing of Musical Monday!<br>2:00 <span style="color: green;">SW</span> Bible Study<br>4:00 <span style="color: green;">SW</span> Social Time<br>6:30 <span style="color: blue;">MN</span> Movie Night!   | 10:00 <span style="color: purple;">PW</span> Senior Stability Class!<br>10:30 <span style="color: blue;">IA</span> Wordle!<br>1:00 <span style="color: purple;">PW</span> Wii Bowling!<br>1:15 <span style="color: purple;">PW</span> Cardio Slide!<br>2:00 <span style="color: blue;">IA</span> Bridge<br>3:00 <span style="color: blue;">IA</span> Corn Hole<br>3:00 <span style="color: blue;">IA</span> Great Course Lecture Series<br>4:00 <span style="color: green;">SW</span> Social Time<br>5:45 <span style="color: orange;">EW</span> Pet Therapy Training<br>6:30 <span style="color: blue;">MN</span> Movie Night!   | 10:00 <span style="color: purple;">PW</span> Pool Noodle Workout!<br>10:30 <span style="color: blue;">IA</span> Out Trip<br>10:30 <span style="color: blue;">IA</span> UNO!<br>12:45 <span style="color: orange;">EW</span> Guided Meditation!<br>1:30 <span style="color: purple;">PW</span> Seated Cardio with Music!<br>2:00 <span style="color: blue;">IA</span> Creative Corner<br>2:30 <span style="color: orange;">EW</span> Scenic Drive<br>3:00 <span style="color: green;">SW</span> Pick a Prize Bingo<br>4:00 <span style="color: green;">SW</span> Social Time<br>6:30 <span style="color: blue;">MN</span> Movie Night   |  10:00 <span style="color: purple;">PW</span> Senior Stability Class!<br>10:30 <span style="color: green;">SW</span> Coffee, Tea and Chat!<br>11:00 <span style="color: green;">SW</span> Service with Father Ron<br>2:00 <span style="color: blue;">IA</span> Bridge<br>2:15 <span style="color: purple;">PW</span> Zumba<br>3:00 <span style="color: purple;">PW</span> Balloon Volleyball!<br>3:00 <span style="color: blue;">IA</span> Great Course Lecture Series<br>4:00 <span style="color: green;">SW</span> Social Time<br>6:30 <span style="color: blue;">MN</span> Movie Night |  Such a Treat to Watch the Irish Step Dancers From SLR Dance Academy!  |  Crafting March Door Decor, They All Turned Out Great!  |

# April 2025



**Congratulations to the first Colebrook Employee of the Month! No surprise here, it is our beloved Herman! Remember to stop by and place a vote when you see a staff member go above and beyond!**

